

THURSDAY IN THE FOURTH WEEK

AT MATINS

The usual beginning, with the Six psalms, the Great Litany and then:

Deacon (Priest): Alleluia, in the ___ Tone:

Verse: Out of the night my spirit waketh at dawn unto Thee, O God, for Thy commandments are light upon the earth.

Choir: Alleluia, alleluia, alleluia.

Verse: Learn righteousness, ye that dwell upon the earth.

Choir: Alleluia, alleluia, alleluia.

Verse: Zeal shall lay hold upon an uninstructed people.

Choir: Alleluia, alleluia, alleluia.

Verse: Add more evils upon them, O Lord; add more evils upon them that are glorious upon the earth.

Choir: Alleluia, alleluia, alleluia.

Then the Choir sings the Triadicon (Hymns to the Trinity) in the Tone of the week, each one only once, followed by the 6th Kathisma from the Psalter, the Sessional hymns of the Cross in the Tone of the week. After the 2nd reading from the Psalter (Kathisma VII), the Sessional hymns:

In Tone I:

O glorious apostles, * firmly established by the might of the Cross, * you have destroyed the falsehoods of the enemy, * interceding on behalf of our souls. * Wherefore ye rejoice today in its veneration, * praying on our behalf unto Him ** Who alone is the Lover of mankind.

Glory ..., Repeat.

Now & ever ..., Theotokion in Tone I:

O Mary, holy tabernacle of the Master, * raise us up who have fallen into the pit, * of wicked despair, transgressions and afflictions; * for thou art the salvation, * the help and the mighty protection of sinners, ** and thou dost save thy servants.

After the 3rd reading from the Psalter (Kathisma VIII), the Sessional hymns:

In Tone VII:

Beholding, O Lord, Thy Cross before us today, * we approach it in faith with hymns and songs, * adoring it in reverent fear and joy. * Do Thou sanctify Thy servants and grant peace to Thy World * by its manifestation before us, ** for Thou alone art plenteous in mercy.

Glory ..., Repeat.

Now & ever ..., Theotokion in Tone VII:

O Lord, we are Thy people and the sheep of Thy pasture; * bring us back, who have strayed into corruption; * and as a Shepherd gather us the scattered sheep together; * and have mercy on Thy flock O Lover of mankind, * and by the intercessions of the Theotokos have compassion upon us, ** for Thou alone art free from sin.

The Canons

We use the Canon to the saint of the day from the Menaion, and the two Three-cantiled Canons from the Triodion; we sing the ODE of the 3rd Canon as Katavasia.

ODE IV

First Canon, by Joseph in Tone I:

Irmos: **O**n divine watch let the God-inspired Habakkuk stand with us, * and show forth the light-bearing angel clearly saying: * Today salvation is come to the world, * for Christ is risen * as Almighty.

Refrain: **G**lory to Thy precious Cross O Lord.

O Holy Cross, which grantest us sanctifying grace, thou art the firm foundation and glory of the apostles, placed before us for our adoration today, thou art exalted throughout the whole inhabited world; lightening the burden of the season of the Fast for us.

Refrain: **G**lory to Thy precious Cross O Lord.

Moses foreshadowed the Cross, stretching out his arms and defeating Amalek. Let us emulate him, stretching out our arms in fasting and prayer, that we may conquer the host of demons, who from malicious envy ever war against us.

Refrain: **G**lory to Thy precious Cross O Lord.

With the divine plough of the Cross ye have tilled the earth O disciples of God, making it fruitful with the harvest of true piety. Wherefore singing your praises, we ever glorify Christ.

Refrain: **M**ost holy Theotokos save us.

O Mother of the good and loving God, fill my soul to overflowing with goodness, which the evil one hath corrupted by wicked habits, miserably deceiving me; that being found worthy of salvation, I may ever sing Thy praises O exceedingly hymned one.

Another Canon, by Theodore in Tone VII:

Irmos: Assured of Thy coming in the flesh, O Christ ...,

Refrain: Glory to Thy precious Cross O Lord.

Thine all-holy Cross hath been placed before us today: let us approach and venerate it, for it is the horn of our salvation.

Refrain: Glory to Thy precious Cross O Lord.

When thy grace and image doth come, it scattereth the dark multitude of demons. O Cross of Christ, thou art an invincible weapon.

Glory ..., **U**nity in Essence, Trinity of Hypostases, I praise and I honour Thee, the Father, Son and Most holy Spirit.

Now & ever ..., **Theotokion: O** all-immaculate Maiden, without knowing a man thou hast conceived God, who doth hold the ends of the earth in the hollow of His hand.

Refrain: Glory to Thee, our God, glory to Thee.

O apostles, intercessors for the world, pray ye that we also may be saved, who hold the Cross of Christ as our weapon.

Katavasia: Assured of Thy coming in the flesh, O Christ, * the Prophet Habakkuk cried aloud: * Glory to Thy power O Lord.

ODE VIII

Irmos: This chosen and holy day * is the first of the Sabbaths, * the queen and lady, * the feast of feasts, * and the festival of festivals, ** wherein we bless Christ throughout all ages.

Refrain: Glory to Thy precious Cross O Lord.

Rejoice, O divine tripartite Cross; upon which One of the Trinity was affixed in the flesh, Who hath delivered us prisoners, from the abyss of godlessness, wherefore we supremely exalt Him throughout the ages.

Refrain: Glory to Thy precious Cross O Lord.

Receiving power and strength through the Cross, the disciples of the Word set free those held fast in the bitter bondage of the evil one, hymning Thy praise: 'We supremely exalt Thee throughout the ages!'

Refrain: Glory to Thy precious Cross O Lord.

Woe is me! How fearful shall be that judgment seat upon which Thou shalt sit, O Word, revealing to me my hidden deeds, exposing before all my lack of spiritual sense! But, O Christ, since Thou art by nature merciful, spare me then.

Refrain: Most holy Theotokos save us.

Theotokion: Without departing from the bosom of the Father, O Jesus, Thou didst rest on the bosom of the Virgin; for the restoration of the race of mankind, whose nature, in Thy tender compassion, Thou didst assume; wherefore mankind doth sing Thy praises unto the ages.

Second Canon in Tone VII:

Irmos: The King of glory, who is alone without beginning ...,

Refrain: Glory to Thy precious Cross O Lord.

We reverently honor the week of the veneration of the Cross; as one in which we fall down and worship the precious Wood and cry aloud: 'O ye priests praise and ye people supremely exalt Him throughout all ages'.

Refrain: Glory to Thy precious Cross O Lord.

How strange is this wonder, O King of the ages! For we Thy servants have been granted to behold and venerate the Wood upon which Thou hast been crucified. Wherefore with reverent fear we sing Thy praises throughout the ages.

Refrain: We bless the Father, Son and Holy Spirit, the Lord.

O Holy and consubstantial Trinity, the Father, Son and Most holy Spirit, I glorify Thine undivided dominion, and sing the praises of Thine only Kingdom throughout all ages.

Now & ever ..., **Theotokion:** Having created Adam in His image, and having assumed Adam's nature He came forth to free him from the curse. 'O ye priests praise and ye people supremely exalt Him throughout all ages'.

Refrain: Glory to Thee, our God, glory to Thee.

As the twelve-stringed harp of the Church, O apostles, ye sing the praises of the Word of wisdom. Entreat Him, that those who honour you may behold the Passion of the Lord and glorify Him throughout the ages.

Verse: We praise, we bless, and we worship the Lord ...,

Katavasia: The King of glory, who is alone without beginning, * Before Whom all the powers of heaven stand in awe * and the hosts of angels tremble: * O ye priests praise and ye people * supremely exalt Him unto the ages.

ODE IX

Irmos: Shine, shine, O new Jerusalem, * for the glory of the Lord hath arisen upon thee; * dance now and be glad, O Zion, * and do thou exult, O pure Theotokos, * in the arising of Him Whom thou didst bear.

Refrain: **G**lory to Thy precious Cross O Lord.

O Church of God, be thou radiant with joy, illumined by the rays of the Cross exalted by thee before all, for the veneration of all the faithful; and ye hosts of demons - full of darkness, be ye scattered.

Refrain: **G**lory to Thy precious Cross O Lord.

The divine Cross is the might of abstinence, the strength of those who fast, the champion of those who struggle; wherefore, gathering before it with all the faithful, let us joyfully fall down and worship it.

Refrain: **A**postles of Christ pray to God for us.

O glorious apostles, divine foundations of the Church of Christ, preserve us all upon the sure foundation of true piety, and establish us upon the firm rock of Him who hath chosen you.

Refrain: **M**ost holy Theotokos save us.

Theotokion: **O** pure One, at the behest of the Archangel thou didst conceive Joy: grant that soul-destroying melancholy be banished from my heart, and replaced with the sorrow that bringeth joy, that I may receive the Divine comforter.

Second Canon in Tone VII:

Irmos: **T**hou **O** most pure Mother and Virgin ...,

Refrain: **G**lory to Thy precious Cross O Lord.

Prefiguring the truth that was to come, O precious Wood, of old thou didst make sweet the waters of Marah. Make sweet my abstinence, O Cross of Christ, which I venerate today.

Refrain: **G**lory to Thy precious Cross O Lord.

Thou art the unconquerable weapon of the King, the strength of his army, the firm foundation of his council. O Cross of Christ, and in our hymns we magnify thee.

Glory ..., **T**hee, the beginningless Father and Master, coeternal Word and Holy Spirit, with all the faithful in true reverence, do we magnify.

Now & ever ..., **Theotokion:** **T**hee, the glorious and only Theotokos, who hast contained within Thy womb, the Word whom nothing can contain, giving birth to Him in the flesh, do we magnify in our hymns.

Refrain: **G**lory to Thee, our God, glory to Thee.

With your fiery tongues, O apostles, ye have burnt up all deception and planted true piety throughout the World, wherefore in our hymns we magnify you.

Katavasia: Thou O most pure Mother and Virgin, * didst contain within thy womb the Word Whom nothing can contain, * and didst give birth to Him in the flesh. * In our hymns we magnify thee.

The Exapostilarion of the day from the Oktoechos; Glory ..., the Exapostilarion of the saint from the Menaion, if such is appointed; Now & ever ..., and the usual Theotokion.

At the Aposticha in Tone VII:

Let us O ye faithful, strive to emulate the repentance of the Publican, * and not the vain boasting of the Pharisee; * rather, let us offer cries of sorrow from the depth of our heart, * to the compassionately loving God of all. * For He Himself hath given us this commandment, saying: * 'Every man that exalteth himself shall be abased, * and he that humbleth himself shall be exalted; * wherefore with one accord let us cry unto Him: ** God be merciful to us sinners and save us.

First Verse: We were filled in the morning with Thy mercy, O Lord, and we rejoiced and were glad. In all our days, let us be glad for the days wherein Thou didst humble us, for the years wherein we saw evils. And look upon Thy servants, and upon Thy works, * and do Thou guide their sons.

Repeat: Let us O faithful, strive to emulate the repentance ...,

Second Verse: And let the brightness of the Lord our God be upon us, and the works of our hand do Thou guide aright upon us, * yea, the works of our hands do Thou guide aright.

To the Martyrs in Tone VII:

Breathing one purpose and looking to a single hope, * vying with each other in the end of their lives, * the passion-bearers looked upon death for Christ as the only entry into life. * O strange Wonder! Though the tortures may have been suspended, * they seized hold of them as men seize hold of treasure, * saying one unto another: * 'Even though we may not die today, * yet in concordance with the laws of life * a day shall come in which we shall surely pass. * Let us turn that which is inevitable, * into something of generous love; * let us willingly make our own that which is the fate of all, * and let us purchase life with death.' ** By their intercessions, O God, have mercy on us.

Glory ..., Now & ever ..., Theotokion in Tone VII:

Through the prayers of the Theotokos, * grant peace to the life of us who cry unto Thee: ** O merciful Lord, glory be to Thee!

Reader: It is good to give praise unto the Lord, and to chant unto Thy name, O Most High, to proclaim in the morning Thy mercy, and Thy truth by night.

Reader: Holy God, Holy Mighty, ... **O**ur Father ...

Priest: For Thine is the Kingdom, ...

Reader: Amen. **S**tanding in the temple of thy glory, we seem to stand in heaven; O Theotokos, gate of heaven, open the door of thy mercy.

Lord have mercy. (40 Times)

Glory ..., Now & ever ..., Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim; who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

In the name of the Lord, father (master) bless.

Priest: **H**e that is blessed, Christ our God, always, Now & ever ..., and unto the ages of ages.

Reader: Amen. **O** Heavenly King, strengthen Orthodox Christians, establish the Faith, subdue the nations, give peace to the world, keep well this city (or habitation, or town); settle our departed fathers and brethren in the tabernacles of the righteous, and receive us in penitence and confession, for Thou art good and the Lover of mankind.

Then the Prayer of St Ephraim:

Priest: **O** Lord and Master of my life, a spirit of idleness, despondency, ambition, and idle talking give me not. (Prostration)

But rather a spirit of chastity, humble-mindedness, patience, and love bestow upon me Thy servant. (Prostration)

Yea, O Lord King, grant me to see my own failings and not condemn my brother; for blessed art Thou unto the ages of ages. Amen. (Prostration)

O God, cleanse me a sinner. (Twelve times)

O Lord and Master of my life, a spirit of idleness, despondency, ambition, and idle talking give me not. But rather a spirit of chastity, humble-mindedness, patience, and love bestow upon me Thy servant. Yea, O Lord King, grant me to

see my own failings and not condemn my brother; for blessed art Thou unto the ages of ages. Amen. (Prostration)

Then the reader immediately begins the first hour. With the reading of the 9th Kathisma. The 10th Kathisma is read at the Third Hour, the 11th at the Sixth Hour. The 12th Kathisma is read at the Ninth Hour.

SIXTH HOUR

Troparion of the Prophecy in Tone VI:

We venerate Thy Cross, O Master, * and we glorify Thy holy Resurrection.

Glory ..., Now & ever ..., Repeat.

Prokeimenon in Tone VI:

Prokeimenon: **G**od is our King before the ages, * He hath wrought salvation in the midst of the earth.

Verse: **O** God, why hast Thou cast us off unto the end? Why hath Thine anger raged against the sheep of Thy pasture?

THE READING IS FROM THE PROPHECY OF ISAIAH (28: 14 - 22)

Thus saith the Lord: hear the word of the LORD, ye scornful men, that rule this people which is in Jerusalem. Because ye have said, We have made a covenant with death, and with hell are we at agreement; when the overflowing scourge shall pass through, it shall not come unto us: for we have made lies our refuge, and under falsehood have we hid ourselves: Therefore thus saith the Lord GOD, Behold, I lay in Zion for a foundation a stone, a tried stone, a precious corner stone, a sure foundation: he that believeth shall not make haste. Judgment also will I lay to the line, and righteousness to the plummet: and the hail shall sweep away the refuge of lies, and the waters shall overflow the hiding place. And your covenant with death shall be disannulled, and your agreement with hell shall not stand; when the overflowing scourge shall pass through, then ye shall be trodden down by it. From the time that it goeth forth it shall take you: for morning by morning shall it pass over, by day and by night: and it shall be a vexation only to understand the report. For the bed is shorter than that a man can stretch himself on it: and the covering narrower than that he can wrap himself in it. For the LORD shall rise up as in mount Perazim, he shall be wroth as in the valley of Gibeon, that he may do his work, his strange work; and bring to pass his act, his strange act. Now therefore be ye not mockers, lest your bands be made strong: for I have heard from the Lord GOD of hosts a consumption, even determined upon the whole earth.

Prokeimenon in Tone IV:

Prokeimenon: **I** will rejoice for ever: * I will chant unto the God of Jacob.

Verse: **W**e will confess Thee O God, we will confess Thee, and we will call upon Thy name.

THURSDAY IN THE FOURTH WEEK
AT VESPERS

After the Psalm of Introduction (Psalm 103) and the Great Litany, the 18th Kathisma of the Psalter. At **L**ord, I have cried ..., six Stichera are sung, 3 from the Triodion:

By Joseph in Tone IV:

Verse: **I**f Thou, shouldest mark iniquities O Lord: O Lord, who shall stand? * For with Thee there is forgiveness.

O ye faithful, having been deemed worthy to adore the ever-blessed Cross, * whereby Thou hast saved us, O Lord, * we hymn Thy loving-kindness * and fervently entreat Thee: * Bestow upon us all, O Savior, * the joy of Thy salvation, * granting us to look in penitence ** upon Thy Resurrection and Thine honorable sufferings.

Verse: **F**or Thy Name's sake have I waited patiently for Thee, O Lord: my soul hath patiently waited for Thy word, * my soul hath hoped in the Lord.

Outstretched upon the Cross, * Thou didst endure death, * slaying death and raising up the dead by Thy life-bearing word. * Wherefore I entreat Thee: * restore my soul to life O Lord, * deadened as it is through sin; * grant me compunction, and deliverance from wickedness, * during these Thy holy days of abstinence, ** O Lover of mankind.

Verse: **F**rom the morning watch until night, from the morning watch: * let Israel hope in the Lord.

By Theodore in Tone IV:

Having deemed us worthy to look upon Thy Holy Cross with joy * and to adore it, * we entreat Thee, O God our Savior: * that strengthened by the Fast we may come also to Thy most pure Passion. * and falling down, worship and praise Thy Crucifixion, * the spear, the sponge and reed, * by which Thou hast made us immortal, * leading us back to the sweetness of Paradise, O Lover of mankind. ** Wherefore with thanksgiving we now glorify Thee.

And three from the Menaion:

Glory ..., Now & ever ..., & Theotokion from the Menaion;

Entrance, **O** joyous Light ...,

Prokeimenon in Tone IV:

Prokeimenon: **M**ake your vows * and pay them to the Lord our God.

Verse: **I**n Judea is God known; His name is great in Israel.

A READING FROM THE BOOK OF GENESIS (10:32 - 11:9)

These are the families of the sons of Noah, after their generations, in their nations: and by these were the nations divided in the earth after the flood. And the whole earth was of one language, and of one speech. And it came to pass, as they journeyed from the east, that they found a plain in the land of Shinar; and they dwelt there. And they said one to another, Go to, let us make brick, and burn them thoroughly. And they had brick for stone, and slime had they for mortar. And they said, Go to, let us build us a city and a tower, whose top may reach unto heaven; and let us make us a name, lest we be scattered abroad upon the face of the whole earth. And the LORD came down to see the city and the tower, which the children of men builded. And the LORD said, Behold, the people is one, and they have all one language; and this they begin to do: and now nothing will be restrained from them, which they have imagined to do. Go to, let us go down, and there confound their language, that they may not understand one another's speech. So the LORD scattered them abroad from thence upon the face of all the earth: and they left off to build the city. Therefore is the name of it called Babel; because the LORD did there confound the language of all the earth: and from thence did the LORD scatter them abroad upon the face of all the earth.

Prokeimenon in Tone VII:

Prokeimenon: With my voice unto the Lord have I cried, * with my voice unto God, and He was attentive unto me.

Verse: In the day of mine affliction, I sought out God.

A READING FROM THE BOOK OF PROVERBS (13:9 - 14:6)

The light of the righteous rejoiceth: but the lamp of the wicked shall be put out. Only by pride cometh contention: but with the well advised is wisdom. Wealth gotten by vanity shall be diminished: but he that gathereth by labour shall increase. Hope deferred maketh the heart sick: but when the desire cometh, it is a tree of life. Whoso despiseth the word shall be destroyed: but he that feareth the commandment shall be rewarded. The law of the wise is a fountain of life, to depart from the snares of death. Good understanding giveth favour: but the way of transgressors is hard. Every prudent man dealeth with knowledge: but a fool layeth open his folly. A wicked messenger falleth into mischief: but a faithful ambassador is health. Poverty and shame shall be to him that refuseth instruction: but he that regardeth reproof shall be honored. The

desire accomplished is sweet to the soul: but it is abomination to fools to depart from evil. He that walketh with wise men shall be wise: but a companion of fools shall be destroyed. Evil pursueth sinners: but to the righteous good shall be repayed. A good man leaveth an inheritance to his children's children: and the wealth of the sinner is laid up for the just. Much food is in the tillage of the poor: but there is that is destroyed for want of judgment. He that spareth his rod hateth his son: but he that loveth him chasteneth him betimes. The righteous eateth to the satisfying of his soul: but the belly of the wicked shall want. Every wise woman buildeth her house: but the foolish plucketh it down with her hands. He that walketh in his uprightness feareth the LORD: but he that is perverse in his ways despiseth him. In the mouth of the foolish is a rod of pride: but the lips of the wise shall preserve them. Where no oxen are, the crib is clean: but much increase is by the strength of the ox. A faithful witness will not lie: but a false witness will utter lies. A scorner seeketh wisdom, and findeth it not: but knowledge is easy unto him that understandeth.

At the Aposticha in Tone VI:

Learn from the Lord who hath humbled Himself, * even unto death upon the Cross; * learn from Him, O my soul, of the humbling * that cometh from being lifted up * and the exaltation that doth come from that humility. * Do not exalt thyself in Thy virtues; * do not judge thyself righteous and condemn Thy neighbor, * like the vainly boastful Pharisee. * But with Thy humbled mind, contemplate only Thine own sins, and cry like the Publican: ** O God, be merciful to me a sinner and save me.

Verse: Unto Thee have I lifted up mine eyes, unto Thee that dwellest in heaven. Behold, as the eyes of servants look unto the hands of their masters, as the eyes of the handmaid look unto the hands of her mistress, so do our eyes look unto the Lord our God, * until He take pity on us.

Repeat: Learn from the Lord who hath humbled Himself ...,

Verse: Have mercy on us, O Lord, have mercy on us, for greatly are we filled with abasement. Greatly hath our soul been filled therewith; let reproach come upon them that prosper, * and abasement on the proud.

To the Martyrs in Tone VI:

Thy martyrs, O Lord, denied Thee not * and forsook not Thy commandments: ** by their intercessions have mercy upon us.

Glory ..., Now & ever ..., in Tone VI:

Stavrotheotokion: The all-pure One, * upon seeing Thee hanging on the Cross, * cried aloud saying: * ‘What is this strange mystery that I see, O my Son? * How canst Thou die upon the Tree, * crucified in the flesh? ** Thou Who art the Giver of life.’

Reader [or the Choir]: Now lettest Thou Thy servant depart in peace, O Master, according to Thy word, for mine eyes have seen Thy salvation, which Thou hast prepared before the face of all peoples; a light of revelation for the Gentiles, and the glory of Thy people Israel.

Reader: Holy God, Holy Mighty, ... **O**ur Father ...

Priest: For Thine is the Kingdom,

In Tone V:

O Theotokos and Virgin, rejoice, O Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the Fruit of thy womb, for thou hast borne the Savior of our souls. (Prostration)

Glory ...,

O Baptist of Christ, be mindful of us all, that we may be delivered from our iniquities, for unto thee is given the grace to pray on behalf of us all. (Prostration)

Both Now & ever ...;

Pray for us, holy apostles and all ye saints, that we may be delivered from perils and afflictions: for ye are our fervent supplicants before the Savior. (Prostration)

We take refuge beneath thy tender mercy O Theotokos: despise not our supplications in distress: but deliver us from perils, for thou alone art pure and blessed. (No Prostration)

Lord have mercy (40 Times)

Glory ..., Now & ever ...;

More honorable than the cherubim, and beyond compare more glorious than the seraphim, who without corruption gavest birth to God the word, the very Theotokos thee do we magnify.

In the name of the Lord father (master) bless!

Priest: He that is blessed, Christ our God, always, Now & ever ..., and unto the ages of ages.

Reader: Amen. O Heavenly King, strengthen Orthodox Christians, establish the Faith, subdue the nations, give peace to the world, keep well this city (or habitation, or town); settle our departed fathers and brethren in the tabernacles of the righteous, and receive us in penitence and confession, for Thou art good and the Lover of mankind.

Then the Prayer of St Ephraim:

Priest: O Lord and Master of my life, a spirit of idleness, despondency, ambition, and idle talking give me not. (**Prostration**)

But rather a spirit of chastity, humble-mindedness, patience, and love bestow upon me Thy servant. (**Prostration**)

Yea, O Lord King, grant me to see my own failings and not condemn my brother; for blessed art Thou unto the ages of ages. Amen. (**Prostration**)

O God, cleanse me a sinner. (**Twelve times**)

O Lord and Master of my life, a spirit of idleness, despondency, ambition, and idle talking give me not. But rather a spirit of chastity, humble-mindedness, patience, and love bestow upon me Thy servant. Yea, O Lord King, grant me to see my own failings and not condemn my brother; for blessed art Thou unto the ages of ages. Amen. (**Prostration**)

Lord have mercy (12 Times)

O Most holy Trinity, the consubstantial dominion, the indivisible Kingdom, and cause of every Good: Show Thy good will even unto me a sinner; make steadfast my heart and grant it understanding, and take away mine every defilement; enlighten my mind that I may glorify, hymn, worship, and say: One is Holy, One is Lord, Jesus Christ, to the Glory of God the Father, Amen.

Choir: Blessed be the name of the Lord from henceforth and forevermore. (**Thrice**)

Psalm 33

I will bless the Lord at all times, * His praise shall continually be in my mouth. *In the Lord shall my soul be praised; * let the meek hear and be glad.

O magnify the Lord with me, * and let us exalt His name together. * I sought the Lord, and He heard me, * and delivered me from all my tribulations.

Come unto Him, and be enlightened, * and your faces shall not be ashamed. * This poor man cried, and the Lord heard him, * and saved him out of all his tribulations.

The angel of the Lord will encamp round about them that fear Him, * and will deliver them. * O taste and see that the Lord is good; * blessed is the man that hopeth in Him.

O fear the Lord, all ye His saints; * for there is no want to them that fear Him. * Rich men have turned poor and gone hungry; * but they that seek the Lord shall not be deprived of any good thing.

Come ye children, hearken unto me; * I will teach you the fear of the Lord. * What man is there that desireth life, * who loveth to see good days?

Keepe thy tongue from evil, * and thy lips from speaking guile. * Turn away from evil, and do good; * seek peace, and pursue it.

The eyes of the Lord are upon the righteous, * and His ears are opened unto their supplication. * The face of the Lord is against them that do evil, * utterly to destroy the remembrance of them from the earth.

The righteous cried, and the Lord heard them, * and He delivered them out of all their tribulations. * The Lord is nigh unto them that are of a contrite heart, * and He will save the humble of spirit. *

Many are the tribulations of the righteous, * and the Lord shall deliver them out of them all. * The Lord keepeth all their bones, * not one of them shall be broken.

The death of sinners is evil, * and they that hate the righteous shall do wrong. * The Lord will redeem the souls of His servants, * and none of them will do wrong that hope in Him.

It is truly meet to bless thee, the Theotokos, * ever-blessed and most blameless, and Mother of Our God. * More honorable than the Cherubim, * and beyond compare more glorious than the Seraphim, * who without corruption gavest birth to God the Word, * the very Theotokos, thee do we magnify.

Priest: **G**lory to Thee, O Christ our God and our hope, glory be to Thee

Choir: **G**lory ..., **N**ow & ever ..., **A**men., **L**ord, have mercy (**T**hrice), **F**ather (**M**aster), Bless.

Priest: (**T**he dismissal)