

**MONDAY EVENING IN THE SEVENTH WEEK**  
**AT VESPERS**

**Priest: Blessed is our God ...., Choir: Amen.**

After the Psalm of Introduction (Psalm 103) and the Great Litany, the 6<sup>th</sup> Kathisma VI. At 'Lord, I have cried ...,' 6 Stichera are sung, 3 from the Pentecostarion:

**Tone IV:**

**Verse: If Thou, shouldest mark iniquities O Lord: O Lord, who shall stand? \* For with Thee there is forgiveness.**

**T**hou didst suffer as a man, \* though as God Thou art unapproachable. \* Thou didst arise on the third day despoiling death, \* and didst raise up all those who had reposed in corruption. \* And having ascended unto Thy Father, O Christ, \* Thou didst promise that Thou wouldst send the Comforter \* to Thy sacred Apostles, \*\* O Almighty Jesus, Thou Savior of our souls.

**Verse: For Thy Name's sake have I waited patiently for Thee, O Lord: my soul hath patiently waited for Thy word, \* my soul hath hoped in the Lord.**

**W**hy stand ye gazing into the heavens? \* said the Angels in human form, unto the Word's initiates: \* He Whom ye beheld ascending on a cloud of light, \* shall in a like manner come again \* to judge the world, as He Himself told you. \*\* Therefore, go ye forth and accomplish all that He hath said.

**Verse: From the morning watch until night, from the morning watch: \* let Israel hope in the Lord.**

**H**aving arisen from the tomb in a manner transcending thought, \* O almighty Lord, \* Thou didst lead to Bethany Thy beloved ones. \* And having arrived at the Mount of Olives, O Word, \* Thou didst bless them all. \* And Thou wast taken up from thence \* Whilst Angels ministered unto Thee, O Almighty Jesus, \*\* Thou Savior of our souls.

**And 3 from the Menaion**

**Glory ..., Now & ever ..., in Tone IV:**

**W**hen Thou, O Christ, \* didst come unto the Mount of Olives \* to accomplish the good will of the Father, \* the heavenly angels were amazed \* and the nethermost regions shuddered with fear. \* The disciples stood by with joy and trembling \* as Thou spakest unto them, \* and a cloud prepared as a throne awaited opposite them; \* and Heaven, throwing open the gates, shone

with comeliness; \* and the earth revealeth its hidden chambers, \* that the descent and immediate ascent might be made known unto Adam; \* but his steps were led upwards as it were by a hand, \* and his mouth was heard blessing Thee greatly; \* the cloud took Thee up and Heaven received Thee within itself. \* Thou hast wrought this great and strange deed, O Lord, \*\* for the salvation of our souls.

**Entrance, O** joyous Light ...,

**Prokeimenon, in Tone IV:**

**Prokeimenon:** The Lord will hearken unto me \* when I cry unto Him.

**Verse:** When I called upon Thee, O God of my righteousness, Thou didst hearken unto me.

**Then immediately:** Vouchsafe O Lord ...,

**The Litany:** Let us complete our evening ...,

**At the Aposticha, the following Stichera, in Tone II:**

**Spec. Mel.: "O House of Ephratha ...":**

**H**aving fulfilled His will, \* thus pleasing well the Father, \* Thou didst ascend in glory. \* The things of Heaven didst Thou unite thus \*\* with the things of earth.

**Verse:** Clap your hands, all ye nations; \* shout unto God with a voice of rejoicing.

**O** Merciful One, Thou didst ascend \* unto Thy Father, \* from Whom Thou wast not parted, \* and didst exalt our nature thus which lay prostrate, \*\* O our Lord.

**Verse:** God is gone up in jubilation, \* the Lord with the voice of the trumpet.

**A** brilliant cloud of light \* conveyed Thee to the Heavens, \* whilst with great fear and trembling \* the Angels came and ministered unto \*\* Thy divine command.

**Glory ..., Now & ever ..., in Tone IV:**

**T**hou hast renewed in Thyself Adam's nature, \* which had gone down into the lower parts of the earth, \* and Thou didst raise it up above every principality and authority today. \* For since Thou didst love it, Thou didst seat it together with Thyself; \* since Thou hast taken compassion on it, Thou didst unite it to Thyself; \* since Thou didst unite it to Thyself, Thou didst suffer with it; \* and enduring the Passion, though Thou art impassable, \* Thou didst glorify

it. \* But the Bodiless ones said: Who is this comely man? \* But not only is He man, but God and man; \* that which is manifest is twofold. \* Wherefore, beside themselves, \* the Angels, flying about clad in radiant vesture, \* cried unto the disciples: Ye men of Galilee, \* He that is gone from you, \* Jesus, Man and God, \* shall come again as the God-man to judge the living and the dead; \* and He granteth unto the faithful \*\* the forgiveness of sins and great mercy.

**Then 'Now lettest Thy servant ...,' Trisagion ..., 'Our Father ...,' Then:**

**The Dismissal Troparion, in Tone IV:**

**Thou** hast ascended in glory, O Christ our God, \* having gladdened Thy disciples with the promise of the Holy Spirit; \* and they were assured by the blessing \* that Thou art the Son of God, \*\* the Redeemer of the world.

**Glory ..., Now & ever ..., Repeat:**

**Note: If the Menaion has a Troparion, we chant as follows:**

**Thou** hast ascended ..., **Glory ..., from the Menaion, Now & Ever ..., Thou** hast ascended ...,

**The Litany: Have mercy on us ...,**

**Priest/Deacon: Wisdom**

**Choir: (Master) Bless.**

**Priest: He Who is blessed ...,**

**Choir: Amen, Establish, O God, the holy Orthodox Faith ...,**

**Priest: Most Holy Theotokos save us.**

**Choir: More honorable than the Cherubim ...,**

**Priest: Glory to Thee O Christ God, our hope ...,**

**Choir: Glory to the father ...,**

**Priest: May Christ our true God Who didst ascend in Glory from us into Heaven and sit at the right hand of the Father, ...,**

**TUESDAY IN THE SEVENTH WEEK  
AT MATINS**

**Priest: Blessed is our God .....**, **Choir: Amen.**

The usual beginning, with the Six psalms, the Great Litany, 'God is the Lord ...,' in Tone IV, and then:

**The Troparion, in Tone IV:**

**Thou** hast ascended in glory, O Christ our God, \* having gladdened Thy disciples with the promise of the Holy Spirit; \* and they were assured by the blessing \* that Thou art the Son of God, \*\* the Redeemer of the world. **(Twice)**

**Glory ...**, (to the Saint, if any) **Now & ever ...**, **Thou** hast ascended ...,

**After the 1<sup>st</sup> reading from the Psalter (Kathisma VII) The following Sedalion of the Feast, in Tone II:**

**Thou** hast descended unto us from the heights unto the earth, \* and Thou hast ascended from earth up to the heights again unto Thy Father, \* Thy disciples beholding thine ascent. \* And with them we now celebrate and praise Thine Ascension, \*\* O our Savior.

**Glory ...**, **Now & ever ...**, **Repeat :**

**After the 2<sup>nd</sup> reading from the Psalter (Kathisma VIII) The Sedalion, in Tone III:**

**The** beginningless Word, Who existed before all ages, \* and Who took man's nature upon Himself, \* and having mystically deified it, \* ascended on this day. \* Hence, the Angels hastened before the Apostles, \* to show Him ascending into the Heavens with great glory. \* And as they worshipped Him, they cried aloud saying: \*\* Glory be to God Who hath been taken up.

**Glory ...**, **Now & ever ...**, **Repeat:**

**Then the 50<sup>th</sup> Psalm. For the Canons, the first Canon of the Feast in Tone V with its Irmos to make eight in each Ode, and of the Menaion to make four in each Ode. After the third Ode, the Kontakion, Ikos, and Sedalion from the Menaion Glory ...**, **Now & ever ...**, **The Sedalion of the Ascension. After the Sixth Ode, the Kontakion and Ikos of the Ascension. After the Ninth Ode the Exapostilarion of the Ascension, Glory ...**, **Menaion, Now & ever ...**, **the Ascension.**

**ODE I in Tone V**

**Irmos: Unto God the Savior Who made His people pass dryshod through the sea, \* but drowned Pharaoh with all his host, \* unto Him alone let us sing: \* For He is glorified.**

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**O** all ye peoples, let us sing a song of victory unto Christ, Who is taken up with glory upon the shoulders of the Cherubim, and Who hath seated us together with Himself at the right hand of the Fathers; for He is glorified.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**B**eholding Christ, the Mediator between God and man, with His flesh in the heights, the choirs of the Angels were amazed, and with one accord they sang a hymn of victory.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**L**et us all sing unto God, Who was seen upon Mount Sinai, and Who gave the Law unto Moses, the seer of God, and Who ascended from the Mount of Olives in the flesh, for He is glorified.

**Refrain:** **O** Most Holy Theotokos, save us.

**O** most pure Mother of God, do thou unceasingly intercede with Him Who assumed flesh from thee, yet was not separated from the bosom of the Father, that He save from every danger those whom He hath fashioned.

#### 4 Troparia from the Canon from the Menaion

**Katavasia:** **U**nto God the Savior Who made His people pass dryshod through the sea, \* but drowned Pharaoh with all his host, \* unto Him alone let us sing: \* For He is glorified.

#### ODE III

**Irmos:** **B**y the power of Thy Cross, **O** Christ, \* do Thou make steadfast mine understanding, \* that I may hymn and glorify \* Thy saving Ascension.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**T**hou didst go up unto the Father, **O** Life-giving Christ, and Thou didst exalt our race by Thine ineffable compassion, **O** Lover of mankind.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**T**he orders of Angels, **O** Savior, on beholding man's nature ascending together with Thee, were amazed and ceaselessly praised Thee.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**T**he choirs of Angels were amazed, **O** Christ, as they beheld thee taken up with Thy body, and they praised Thy holy Ascension.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**T**hou didst raise up human nature which had fallen into corruption, O Christ, and in Thine Ascension Thou didst exalt us and glorify us together with Thyself.

**Refrain:** O Most Holy Theotokos, save us.

**Theotokion:** Unceasingly entreat Him Who came forth from thy loins, O pure one, that those who praise thee as the Mother of God may be delivered from the deception of the devil.

#### 4 Troparia from the Canon from the Menaion

**Katavasia:** By the power of Thy Cross, O Christ, \* do Thou make steadfast mine understanding, \* that I may hymn and glorify \* Thy saving Ascension.

Kontakion, Ikos, and Sedalion from the Menaion,

Glory ..., Now & ever ..., Sedalion of the Feast, in Tone VIII:

**H**aving mounted upon heaven's clouds, O Christ, \* Thou didst leave peace unto those upon the earth; \* and Thou didst ascend and sit at the Father's right hand on high, \* since Thou art one in essence with Him, and the Spirit, O Lord; \* for though Thou hadst appeared in the flesh, without undergoing change. \* Wherefore Thou dost now wait till the last consummation, \* when Thou shalt return to judge all of mankind upon the earth. \* O Thou most righteous Judge and Lord, \* since Thou art a greatly merciful God, \* do Thou spare our souls and do Thou grant to us, Thy lowly servants, \*\* the pardon of our failings and our sins.

#### ODE IV

**Irmos:** I heard the rumor of the power of the cross \* that paradise is opened thereby \* and I cried out aloud saying: \* Glory to Thy power, \* O Lord.

**Refrain:** Glory to Thee, our God, glory to Thee.

**T**hou wast taken up in glory, O King of the Angels, that Thou mightest send us the Comforter from the Father. Wherefore we cry: Glory to Thine Ascension, O Christ.

**Refrain:** Glory to Thee, our God, glory to Thee.

**A**s the Savior ascended in the flesh unto the Father, the arrays of the Angels were astonished at Him and cried aloud: Glory to Thine Ascension, O Christ.

**Refrain:** Glory to Thee, our God, glory to Thee.

The hosts of the Angels cried unto those above: Lift up the gates for Christ our King; Him do we praise together with the Father and the Spirit.

**Refrain:** O Most Holy Theotokos, save us.

**Theotokion:** The Virgin gave birth without the experience of those things that pertain to motherhood. But though she was a mother, she remained a virgin; wherefore praising her, we cry: Rejoice, O Theotokos.

4 Troparia from the Canon from the Menaion

**Katavasia:** I heard the rumor of the power of the cross \* that paradise is opened thereby \* and I cried out aloud saying: \* Glory to Thy power, \* O Lord.

### ODE V

**Irmos:** Waking at dawn, \* we cry unto Thee, O Lord: \* Save us, for Thou art our God; \* we know none other besides Thee.

**Refrain:** Glory to Thee, our God, glory to Thee.

Having filled all things with joy, O Merciful One, Thou didst come in Thy flesh unto the hosts on high.

**Refrain:** Glory to Thee, our God, glory to Thee.

As the hosts of Angels saw Thee being lifted up, they cried aloud: Lift ye the gates for our King.

**Refrain:** Glory to Thee, our God, glory to Thee.

As the Apostles beheld the Savior being lifted up on high, they cried with trembling: Glory be to Thee, O our King.

**Refrain:** O Most Holy Theotokos, save us.

**Theotokion:** We praise thee as a Virgin after childbirth, O Theotokos; for thou didst conceive God the Word in the flesh for the sake of the world.

4 Troparia from the Canon from the Menaion

**Katavasia:** Waking at dawn, \* we cry unto Thee, O Lord: \* Save us, for Thou art our God; \* we know none other besides Thee.

### ODE VI

**Irmos:** The abyss hath encompassed me, \* the sea monster is become my grave; \* but I cried unto Thee, the Lover of mankind, \* and Thy right hand saved me, O Lord.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

In their hope for the coming of the Spirit, the Apostles leapt for joy as they beheld on high the Creator being lifted up, and they cried out with fear: Glory be to Thine ascent.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

The Angels came and cried unto Thy disciples, O Christ: In like manner as ye see Christ going up, so shall He, the righteous Judge of all, come in the flesh.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

As the hosts of Heaven saw Thee, our Savior, being taken up into the heights together with Thy body, they cried out, saying: Great is Thy love for mankind, O Master.

**Refrain:** **O** Most Holy Theotokos, save us.

**Theotokion:** **O** Thou bush un-burnt, and mountain and living ladder, and gate of Heaven, we glorify thee as is meet, O glorious Mary, thou boast of the Orthodox.

#### 4 Troparia from the Canon from the Menaion

**Katavasia:** **T**he abyss hath encompassed me, \* the sea monster is become my grave; \* but I cried unto Thee, the Lover of mankind, \* and Thy right hand saved me, O Lord.

#### Kontakion and Ikos of the Feast. In Tone VI:

**W**hen Thou didst fulfill Thy dispensation for our sake, \* uniting things on earth with the heavens, \* Thou didst ascend in glory, O Christ our God, \* departing not hence, but remaining inseparable from us, \* and crying unto them that love Thee: \*\* I am with you, and no one shall be against you.

**I**kos: Leaving the things of earth upon the earth, and surrendering to the earth things of ashes, come, let us come to our senses and raise our eyes and thoughts on high; let us, O mortals, turn our gaze together with our senses up unto the heavenly gates. Let us consider ourselves present at the Mount of Olives, and gaze intently at the Redeemer who is riding upon a cloud; for the Lord hath hastened up from there into the Heavens. And there the bountiful Giver of gifts distributed gifts unto His Apostles, calling to them as a Father, and strengthening them; He guided them like Sons and said unto them: I am not separated from you; I am with you, and no one can be against you.

#### ODE VII

**I**rmos: **T**he children were saved \* in the burning furnace, \* chanting: Blessed art Thou \* O God of our fathers.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**O** Thou Who wast taken up on a cloud of light didst save the world, O God of our fathers, Blessed art Thou.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**O** Christ, having taken upon Thy shoulders our nature, which had gone astray, Thou didst ascend and bring it unto God the Father.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**O** Thou Who didst ascend in the flesh unto the bodiless Father, O God of our fathers, Blessed art Thou.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**H**aving raised our nature, which was deadened by sin, Thou didst bring it unto Thine own Father, O Savior.

**Refrain:** **O** Most Holy Theotokos, save us.

**Theotokion:** **O** Thou Who wast born of the Virgin, thereby making her the Theotokos, O God of our fathers, Blessed art Thou.

#### 4 Troparia from the Canon from the Menaion

**Katavasia:** **The children were saved \* in the burning furnace, \* chanting: Blessed art Thou \* O God of our fathers.**

#### ODE VIII

**Irmos:** **The Son of God who before all ages \* wast born of the Father \* hath in these last times \* become incarnate of the Virgin-Mother, \* O ye priests hymn, \* and ye peoples supremely exalt Him throughout all ages.**

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**U**nto Christ, the Giver of life, Who in two essences hath risen into the Heavens with glory and sitteth together with the Father, O ye priests hymn, and ye peoples supremely exalt throughout all ages.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**U**nto Thee, O Savior, Who didst deliver creation from slavery to the idols, and didst present it free unto Thine own Father, do we give praise, and supremely exalt throughout all ages.

**Refrain:** **G**lory to Thee, our God, glory to Thee.

**U**nto Him Who by His descent destroyed the adversary, and Who by His ascent raised up mankind give praise; O ye priests, hymn, and ye peoples, supremely exalt Him throughout all ages.

**Refrain:** O Most Holy Theotokos, save us.

**Theotokion:** Thou hast proved to be more excellent than the Cherubim, O pure Theotokos, since thou hast carried in thy womb Him that rideth upon them. Together with the bodiless ones, we mortals glorify Him throughout all ages.

#### 4 Troparia from the Canon from the Menaion

**Verse:** We praise, we bless, we worship the Lord, praising and supremely exalting Him throughout all ages.

**Katavasia:** The Son of God who before all ages \* wast born of the Father \* hath in these last times \* become incarnate of the Virgin-Mother, \* O ye priests hymn, \* and ye peoples supremely exalt Him throughout all ages.

#### The Magnificat:

**Verse:** My soul doth magnify the Lord, \* and my spirit hath rejoiced in God my Savior.

**And after each Verse:**

**Refrain:** More honorable than the Cherubim, \* and beyond compare more glorious than the Seraphim; \* who without corruption gavest birth to God the Word, \* the very Theotokos, thee do we magnify.

**Verse:** For He hath looked upon the lowliness of His handmaiden; \* for behold, from henceforth all generations shall call me blessed.

**Refrain:** More honorable ...

**Verse:** For the Mighty One hath done great things to me, \* and holy is His name; \* and His mercy is on them that fear Him \* unto generation and generation.

**Refrain:** More honorable ...

**Verse:** He hath showed strength with His arm, \* and He hath scattered the proud in the imagination of their heart.

**Refrain:** More honorable ...

**Verse:** He hath put down the mighty from their seat, \* and exalted them of low degree; \* He hath filled the hungry with good things, \* and the rich He hath sent empty away.

**Refrain:** More honorable ...

**Verse:** He hath holpen His servant Israel \* in remembrance of His mercy, \* as He spake to our fathers, \* to Abraham and his seed forever.

**Refrain:** More honorable ...

## ODE IX

**Irmos:** **O** Thou who art God's Mother transcending mind and word, \* who ineffably in time \* hast given birth unto the Timeless One, \* Thee do we the faithful magnify with one accord.

**Refrain:** Glory to Thee, our God, glory to Thee.

**A**s the Apostles beheld Thee, Christ God, the Redeemer of the world, being exalted in a manner befitting God, they magnified Thee with awe as they leapt for joy.

**Refrain:** Glory to Thee, our God, glory to Thee.

**B**eholding Thy deified flesh on high, O Christ, the Angels beckoned to one another: Truly this is our God.

**Refrain:** Glory to Thee, our God, glory to Thee.

**A**s the orders of the Bodiless saw Thee being lifted up in the clouds, O Christ God, they cried: Lift up the gates for the King of Glory.

**Refrain:** Glory to Thee, our God, glory to Thee.

**T**hee, Who didst descend unto the utmost depths of the earth, and Who didst save man and exalt him by Thine Ascension, do we magnify.

**Refrain:** **O** Most Holy Theotokos, save us.

**Theotokion:** **R**ejoice, O Theotokos, Mother of Christ God. As thou didst behold ascending from the earth Him Whom thou didst conceive, thou didst magnify Him together with the Angels.

### 4 Troparia from the Canon from the Menaion

**Katavasia:** **O** Thou who art God's Mother transcending mind and word, \* who ineffably in time \* hast given birth unto the Timeless One, \* Thee do we the faithful magnify with one accord.

### Exapostilarion:

**W**hile Thy disciples looked on Thee, Thou didst ascend, \* O Christ, unto the Father to sit beside Him. \* Angels hastened, running on before, and cried: \* Lift ye the gates up, lift them up; \* for the King hath ascended \*\* unto His bright primal glory.

Glory ..., (From the Menaion if there is one) Now & ever ..., **W**hile Thy ...,

**A**t the Praises: The usual Psalm, if there are Stichera for the Praises from the Menaion they are included. After the chanting of the Praises:

**R**eaders: **T**o Thee is due glory ...,

**Priest:** **Glory to Thee Who hast shown us the Light.**

**The Small Doxology (read)**

**Litany:** **Let us complete our morning prayer ...,**

**Then the Aposticha, in Tone II:**

**Spec. Mel.: "O House of Ephratha ...":**

**The Lord said unto His friends:** \* I shall not leave as orphans \* all you whom I \* have gathered; but rather I shall send forth \*\* the Holy Spirit unto you.

**Verse:** **Clap your hands, all ye nations; \* shout unto God with a voice of rejoicing.**

**The Angels cried and said \* unto the wise Apostles:** \* O righteous Galileans, \* He shall return \* in like manner as ye see Him \*\* now depart.

**Verse:** **God is gone up in jubilation, \* the Lord with the voice of the trumpet.**

**As they descended from \* that hallowed Mount of Olives, \* O Word, Thy blest disciples \* extolled \* Thy dread Ascension \*\* while glorifying it with joy.**

**Glory ..., Now & ever ..., in Tone IV:**

**When Thou didst ascend in glory, O Christ God, \* while the disciples were watching, \* the clouds took Thee up with Thy flesh; \* the heavenly gates were lifted up; \* the choir of the Angels rejoiced with rejoicing; \* the powers above cried out, saying: \* Lift up thy gates, O ye princes, \* and the King of Glory shall enter therein. \* And the disciples were astonished and said: \* Be Thou not parted from us, O Good Shepherd, \*\* but send unto us Thy most holy Spirit to guide and establish our souls.**

**Reader:** **It is good to give praise unto the Lord, and to chant unto Thy name, O Most High, to proclaim in the morning Thy mercy, and Thy truth by night.**

**Trisagion, 'Our Father ...', Then the Dismissal Troparion, in Tone :**

**The Dismissal Troparion, in Tone IV:**

**Thou hast ascended in glory, O Christ our God, \* having gladdened Thy disciples with the promise of the Holy Spirit; \* and they were assured by the blessing \* that Thou art the Son of God, \*\* the Redeemer of the world.**

**Glory ..., (to the Saint, if any) Now & ever ..., Thou hast ascended ...,**

Litany: **H**ave mercy on us ...,

Priest: **W**isdom.

Choir: (**M**aster) **B**less

Priest: **H**e Who is blessed ...,

Choir: **A**men, Establish, O God, the holy Orthodox Faith ...,

Priest: **M**ost Holy Theotokos save us.

Choir: **M**ore honorable than the Cherubim ...,

Priest: **G**lory to Thee O Christ God, our hope .....

Choir: **G**lory to the father ...,

Priest: **M**ay Christ our true God Who didst ascend in Glory from us into Heaven and sit at the right hand of the Father, ...,

**TUESDAY OF THE SEVENTH WEEK  
AT LITURGY**

**The Typica, For the Beatitudes, 6 verses from ODE VI of the Canon.**

**T**he abyss hath encompassed me, the sea monster is become my grave; but I cried unto Thee, the Lover of mankind, and Thy right hand saved me, O Lord.

**I**n their hope for the coming of the Spirit, the Apostles leapt for joy as they beheld on high the Creator being lifted up, and they cried out with fear: Glory be to Thine ascent.

**T**he Angels came and cried unto Thy disciples, O Christ: In like manner as ye see Christ going up, so shall He, the righteous Judge of all, come in the flesh.

**A**s the hosts of Heaven saw Thee, our Savior, being taken up into the heights together with Thy body, they cried out, saying: Great is Thy love for man, O Master.

**Glory ..., Why** are His garments red Who is united to the grossness of the flesh? The holy Angels, on seeing Christ, extolled Him Who bare the divine symbols of the venerable Passion.

**Now & ever ..., We** praise thy conception, O Maiden; we praise thine ineffable birthgiving, whereby we were delivered from the destruction and misfortune and gloomy confinement in Hades, O pure one.

**At the Entrance The Troparion for the Feast Tone IV:**

**T**hou hast ascended in glory, O Christ our God, \* having gladdened Thy disciples with the promise of the Holy Spirit; \*and they were assured by the blessing \* that Thou art the Son of God, \*\* the Redeemer of the world.

**Then the Troparion for the Temple, the Troparion for the Saint of the day, if there be any, then the Kontakion for Temple, and for the Saint, if there be any, Then:**

**Glory ..., Now & ever ..., of the Feast in Tone VI:**

**W**hen Thou didst fulfill Thy dispensation for our sake, \* uniting things on earth with the heavens, \* Thou didst ascend in glory, O Christ our God, \* departing not hence, but remaining inseparable from us, \* and crying unto them that love Thee: \*\* I am with you, and no one shall be against you.

**The Prokeimenon in Tone VII: Be** Thou exalted above the heavens, \* O God, and Thy glory above all the earth.

**Verse: Ready** is my heart, O God, ready is my heart; I will sing and chant in my glory.

## THE ACTS OF THE HOLY APOSTLES: [21:26-32]

In those days: Paul took the men, and the next day purifying himself with them entered into the temple, to signify the accomplishment of the days of purification, until that an offering should be offered for every one of them. And when the seven days were almost ended, the Jews which were of Asia, when they saw him in the temple, stirred up all the people, and laid hands on him, Crying out, Men of Israel, help: This is the man, that teacheth all men every where against the people, and the law, and this place: and further brought Greeks also into the temple, and hath polluted this holy place. (For they had seen before with him in the city Trophimus an Ephesian, whom they supposed that Paul had brought into the temple.) And all the city was moved, and the people ran together: and they took Paul, and drew him out of the temple: and forthwith the doors were shut. And as they went about to kill him, tidings came unto the chief captain of the band, that all Jerusalem was in an uproar. Who immediately took soldiers and centurions, and ran down unto them: and when they saw the chief captain and the soldiers, they left beating of Paul.

### Alleluia in Tone II:

Verse: God is gone up in jubilation, the Lord with the voice of the trumpet.

Verse: Clap your hands, all ye nations; shout unto God with a voice of rejoicing.

## GOSPEL ACCORDING TO ST. JOHN [16:2 - 13]

The Lord said unto His disciples, the time shall come when whosoever killeth you will think that he doeth God service. And these things will they do unto you, because they have not known the Father, nor me. But these things have I told you, that when the time shall come, ye may remember that I told you of them. And these things I said not unto you at the beginning, because I was with you. But now I go my way to him that sent me; and none of you asketh me, Whither goest thou? But because I have said these things unto you, sorrow hath filled your heart. Nevertheless I tell you the truth; It is expedient for you that I go away: for if I go not away, the Comforter will not come unto you; but if I depart, I will send him unto you. And when he is come, he will reprove the world of sin, and of righteousness, and of judgment: Of sin, because they believe not on me; Of righteousness, because I go to my Father, and ye see me no more; Of judgment, because the prince of this world is judged. I have yet many things to say unto you, but ye cannot bear them now. Howbeit when he, the Spirit of truth, is come, he will guide you into all truth.

Instead of “It is truly meet...” we chant the Irmos of the 9<sup>th</sup> Ode of the First Canon of the feast, in Tone V:

Refrain: Magnify, O my soul, \* Christ the giver of life, \*\* Who ascended from earth to Heaven.

**Irmos:** O Thou who art God's Mother transcending mind and word, \* who ineffably in time \* hast given birth unto the Timeless One, \* Thee do we the faithful magnify with one accord.

Communion Verse: God is gone up in jubilation, the Lord with the voice of the trumpet. Alleluia, Alleluia, Alleluia!