

## TUESDAY EVENING IN THE THIRD WEEK

### AT VESPERS

**Priest:** Blessed is our God ..., **Choir:** Amen.

**Priest:** Christ is risen from the dead, trampling down death by death, \* and upon those in the tombs bestowing life. (2 1/2 times)

**Choir:** And upon those in the tombs bestowing life.

After the Psalm of Introduction (Psalm 103) and the Great Litany. The 9<sup>th</sup> Kathisma. At 'Lord, I have cried ...,' 6 Stichera are sung, 3 from the Pentecostarion:

### Tone II:

**Verse:** If Thou, shouldest mark iniquities O Lord: O Lord, who shall stand? \* For with Thee there is forgiveness.

The women disciples of Christ \* rejoiced upon hearing the words of the Angel. \* From which they came to believe in the arising of the Lord, \* Who for our sake was counted among the dead. \* For before this the myrrh-bearers stood before the Tomb lamenting over Christ, \* and beholding the stone so quickly rolled away; \* they were greatly perplexed \*\* wondering where He could be.

**Verse:** For Thy Name's sake have I waited patiently for Thee, O Lord: my soul hath patiently waited for Thy word, \* my soul hath hoped in the Lord.

The sacred and divine disciples of Christ \* were granted unceasing and divine joy, \* when the myrrh-bearing woman disciples of Christ \* fulfilled the command spoken to them by the divine Angel. \* For he who had amazed them in brilliant, white raiment, \* spake unto them saying: \* God the King Who hath died for us \* hath utterly vanquished, through His Resurrection, \*\* the dark realms of Hades.

**Verse:** From the morning watch until night, from the morning watch: \* let Israel hope in the Lord.

Having poured forth streams of ardent grief \* as from a fount flowing with tears, \* the divine women disciples of Christ \* now declare glad words unto the eye-witnesses of grace. \* Telling them of the Word's Arising, \* and that joy hath issued forth from the tomb. \* Wherefore instead of sorrow, \*\* they heard wondrous voices, bidding them all to rejoice.

And 3 from the Menaion

## Glory ..., Now & ever ..., in Tone II:

In the deep of dawn, the myrrhbearing women \* came unto the Lord's tomb bearing sweet-smelling spices, \* and finding that which they had not expected, \* they stood reverently pondering the removal of the stone, \* and said one to another: \* Where are the seals of the sepulcher? \* Where are Pilate's watchmen and the secure sentry? \* Upon which a radiant Angel, proclaimed to the women saying to them: \* "Why do ye lament seeking Him that liveth \* and hath given life unto the race of mortals? \* Christ our God hath arisen from the dead, since He is Almighty, \*\* granting unto all incorruption, life, illumination, and great mercy.

Entrance, O joyous Light ...,

Prokeimenon, in Tone I:

**Prokeimenon:** Thy mercy, O Lord, shall pursue me \* all the days of my life.

**Verse:** The Lord is my shepherd, and I shall not want. In a place of green pasture, there hath He made me to dwell.

**Then immediately:** Vouchsafe O Lord ...,

**The Litany:** Let us complete our evening ...,

At the Aposticha, in Tone II:

Save me, O Christ Savior, \* by the power of the Cross, \* O Thou Who didst once save Peter in the sea, \*\* and have mercy on me, O God.

**Verse:** Unto Thee have I lifted up mine eyes, unto Thee that dwellest in heaven. Behold, as the eyes of servants look unto the hands of their masters, as the eyes of the handmaid look unto the hands of her mistress, so do our eyes look unto the Lord our God, \* until He take pity on us.

With the Archangels let us hymn the Resurrection of Christ; \* for He is the Redeemer and the Savior of our souls; \* and He is coming again \* with great glory and mighty power \*\* to judge the world which He hath fashioned.

**Verse:** Have mercy on us, O Lord, have mercy on us, for greatly are we filled with abasement. Greatly hath our soul been filled therewith; let reproach come upon them that prosper, \* and abasement on the proud.

**Martyricon:** The choirs of the Martyrs withstood the tyrants saying: \* We have been enlisted by the King of hosts. \* Even should ye destroy us with fire and torments, \*\* we will not deny the might of the Trinity.

**Glory ..., Now & ever ..., in Tone VI:**

**J**oseph asked for the Body of Jesus \* and laid it in his own new sepulcher; \* for it was meet that He should come forth from the grave, \* as from a bridal chamber. \* O Thou Who hast crushed the might of death \* and hast opened the gates of Paradise unto mankind, \*\* glory be to Thee.

**Then 'N**ow lettest Thy servant ..., ' **Trisagion ...**, ' **O**ur Father ..., ' **Then:**

**The Dismissal Troparia, in Tone II:**

**T**he noble Joseph having taken down Thy most pure Body from the tree, \* wrapped it in a fine linen shroud \* covering it with fragrant spices \* and placed it in a new sepulcher; \* but on the third day Thou didst arise, O Lord, \*\* granting the world great mercy.

**Glory ..., in Tone II:**

**W**hen Thou didst descend unto death, O Life Immortal, \* then didst Thou slay Hades with the lightning of Thy Godhead. \* And when Thou didst also raise the dead out of the nethermost depths, \* all the Hosts of the heavens cried out: \*\* 'O Life-giver, Christ our God, glory be to Thee'.

**Now & ever ..., in Tone II:**

**T**he Angel standing by the tomb cried unto the myrrh-bearing women, \* 'Myrrh is fitting for the dead, \* but Christ hath been revealed a stranger to corruption. \* rather cry aloud: The Lord is risen, \*\* granting the world great mercy!'

**Note: If the Menaion has a Troparion, we chant as follows:**

**T**he noble Joseph ..., **W**hen Thou didst descend ..., **Glory ... from the Menaion, Now & Ever ...**, **T**he Angel standing ...,

**The Litany: H**ave mercy on us ...,

**Priest/Deacon: W**isdom

**Choir: (M**aster) **B**less.

**Priest: H**e Who is blessed ...,

**Choir: A**men, Establish, O God, the holy Orthodox Faith ...,

**Priest: M**ost Holy Theotokos save us.

**Choir: M**ore honorable than the Cherubim ...,

**Priest: G**lory to Thee O Christ God, our hope ...,

**Choir: C**hrist is risen from the dead, trampling down death by death. And upon those in the tombs bestowing life. (**Thrice**)

**Priest: T**he Dismissal ...,

## WEDNESDAY IN THE THIRD WEEK

### AT MATINS

**Priest:** Blessed is our God ..., **Choir:** Amen.

**Priest:** Christ is risen from the dead, trampling down death by death, \* and upon those in the tombs bestowing life. (2 1/2 times)

**Choir:** And upon those in the tombs bestowing life.

The usual beginning, with the Six psalms, the Great Litany, 'God is the Lord ...,' in Tone II, and then:

### The Troparia, in Tone II:

**T**he noble Joseph having taken down Thy most pure Body from the tree, \* wrapped it in a fine linen shroud \* covering it with fragrant spices \* and placed it in a new sepulcher; \* but on the third day Thou didst arise, O Lord, \*\* granting the world great mercy.

### Glory ..., in Tone II:

**W**hen Thou didst descend unto death, O Life Immortal, \* then didst Thou slay Hades with the lightning of Thy Godhead. \* And when Thou didst also raise the dead out of the nethermost depths, \* all the Hosts of the heavens cried out: \*\* 'O Life-giver, Christ our God, glory be to Thee'.

### Now & ever ..., in Tone II:

**T**he Angel standing by the tomb cried unto the myrrh-bearing women, \* 'Myrrh is fitting for the dead, \* but Christ hath been revealed a stranger to corruption. \* rather Cry aloud: The Lord is risen, \*\* granting the world great mercy!'

After the 1<sup>st</sup> reading from the Psalter (Kathisma X) The following Sedalions from the Oktoechos, in Tone II:

**T**hou hast wrought salvation in the midst of the earth, O Christ God; \* Thou didst stretch out Thy pure hands upon the Cross, \* thereby gathering together all the nations, who cry: \*\* O Lord, glory be to Thee.

### Of the Resurrection, in Tone II:

**Verse:** Arise, O Lord my God, let Thy hands be lifted on high; forget not Thy paupers to the end.

**H**aving risen from the tomb, and having burst the bonds of Hades, \* Thou hast destroyed the sentence of death, O Lord, \* delivering all from the snares of the enemy. \* Manifesting Thyself to Thine apostles, Thou didst send them forth to preach; \* and through them, granted Thy peace to the world, \*\* O Thou Who alone art plenteous in mercy.

## The Martyricon, in Tone II:

**Verse:** Wondrous is God in His saints, \* the God of Israel.

**O** Passion-bearers of the Lord, \* blessed is the earth which hath been enriched by your blood, \* and holy are the temples that have received your bodies. \* For in the stadium ye triumphed over the enemy, \* boldly preaching Christ God. \* Since He is supremely good, \*\* we beseech you to entreat Him that our souls be saved.

## Glory ..., Now & ever ..., Theotokion, in Tone II:

**W**hen she who seedlessly gave birth to Thee, \* stood by Thy Cross, \* not bearing to behold Thee suffering unjustly, \* lamented and wept crying out to Thee: \* How dost Thou suffer, Who by nature art impassible, \* O sweetest Son? \*\* I hymn Thine extreme goodness.

**After the 2<sup>nd</sup> reading from the Psalter (Kathisma XI) The Sedalion, in Tone :**

**T**he venerable myrrh-bearers came to Thy sepulcher, \* O Savior, \* hastening to anoint Thee, the Master, \* with myrrh, as One mortal. \* But an Angel proclaimed joy unto them: \* The Lord is risen. \* Wherefore, proclaim ye unto the Apostles \*\* His truly awesome Resurrection from the tomb.

## Glory ..., Now & ever ..., Repeat:

**Then 'L**et us who have beheld the Resurrection of Christ ..., ' 50th Psalm.

**For the Canons, the Canon of the Feast with its Irmos to make eight in each Ode, and of the Menaion to make four in each Ode. After the third Ode, the Kontakion, and Sessional Hymns of the Saint. At the sixth Ode, The Kontakion of the feast. The Magnificat is sung. After the ninth Ode, the Exapostilarion of the Feast**

## ODE I in Tone II

**Irmos: T**aking up the Song of Moses, O my soul, \* cry aloud: \* 'A helper and a protector hath become unto me salvation. \* My God, \* whom I will glorify'.

**Refrain: G**lory to Thee, Our God, Glory to Thee

**T**hou wast crucified in the flesh, O Thou Who art passionless by the nature of the Father; and Thou was pierced in the side, thereby causing blood and water to spring forth for the world. Thou art our God, and we glorify Thee.

**Refrain: G**lory to Thee, Our God, Glory to Thee

**I** honour Thy Cross and I glorify Thy Burial, O Good One, and I praise and worship Thine Arising, and I cry out: Thou art our God and we glorify Thee.

**Refrain:** **Glory to Thee, Our God, Glory to Thee**

**T**hough Thou didst taste of gall, O Thou Who art the sweetness of the Church, yet didst Thou cause incorruption to spring forth for us from Thy side. Thou art our God, and we glorify Thee.

**Refrain:** **Glory to Thee, Our God, Glory to Thee**

**L**et Sion rejoice, and let Heaven be glad; Christ is risen, having raised up the dead who chant: Thou art our God, and we glorify Thee.

**Refrain:** **Glory to Thee, Our God, Glory to Thee**

**H**aving wrapped Thy Body with fine linen, O Christ, Joseph laid Thee, our Salvation, in a new sepulcher; and as God, Thou didst raise up the dead. Anticipating the dawn, the women beheld Christ, and cried unto the divine disciples: Truly Christ is risen; come and praise Him together with us.

**Refrain:** **O Most Holy Trinity, Our God, Glory to Thee**

**T**rinitarian: **O** all-holy Trinity, one Godhead, beginningless Unity: Father, Son, and Divine Spirit, save the world. Thou art our God, and we glorify Thee.

**T**heotokion: **T**hou didst loose the ancient curse by thy womb, O modest one, by blossoming forth the Blessing for us, when thou didst give birth unto a Child. For He is God, though He weareth flesh.

**4 Troparia from the canon from the Menaion:**

**Katavasia in Tone I: It is the Day of Resurrection, \* let us be radiant, O ye people; \* Pascha, the Lord's Pascha: \* for from death to life, \* and from earth to heaven, \* Christ God hath brought us, \* as we sing the song of victory**

### **ODE III**

**Irmos: My mind hath not brought forth good fruit, \* but do Thou show me to be fruitful \* in Thy compassion O God, \* Thou husbandman of all good things.**

**Refrain:** **Glory to Thee, Our God, Glory to Thee**

**W**hen Thy palms were nailed to the Cross, O Jesus, Thou didst bring all the nations together out of error and didst call them unto knowledge of Thee, O Savior.

**Refrain:** **Glory to Thee, Our God, Glory to Thee**

**T**he people of the Jews cried unto Pilate: Release unto us the villainous thief; away with the Sinless One, away with Him, crucify Him!



**Refrain:** **G**lory to Thee, Our God, **G**lory to Thee

**W**hen Thou wast crucified, O Christ, the light was darkened, the earth was shaken, and the many of the dead arose from the grave out of fear of Thy power.

**Refrain:** **G**lory to Thee, Our God, **G**lory to Thee

**A**s she stood at the Cross, Thy ewe-lamb cried out with lament, O Jesus: Whither goest Thou, my Son? Whither dost Thou depart, O Lamb, Who art slain on behalf of all?

**Refrain:** **G**lory to Thee, Our God, **G**lory to Thee

**I** worship Thy Cross, I praise Thy Burial, I honour Thy Passion, and the nails in Thy hands, and the lance, and Thy Resurrection, O Jesus.

**Refrain:** **G**lory to Thee, Our God, **G**lory to Thee

**T**hou art arisen, O Jesus, the enemy is despoiled, Adam is delivered together with Eve from the bonds of corruption by Thy Resurrection.

**Refrain:** **O** Most Holy Trinity, Our God, **G**lory to Thee

**T**rinitarion: **I** worship and praise the one Nature: the Father, the Son and the Upright Spirit, divided in Hypostases and united in Essence.

**T**heotokion: **B**lessed art thou, O pure one, who art of the root of Jesse, and from whom Christ, the Rod and Blossom, blossomed forth in the flesh for us.

**4 Troparia from the canon from the Menaion:**

**Katavasia:** **C**ome, let us drink a new drink, \* not one miraculously brought forth from a barren rock \* but the Fountain of Incorruption, \* springing forth from the tomb of Christ, \* in Whom we are strengthened.

**Kontakion/Ikos/Sessional Hymns of the Menaion, then:**

**Glory ..., Now & Ever ..., in Tone II:**

**T**he women brought myrrh \* and came unto Thy sepulcher. \* Their souls filled with joy \* on seeing the bright Angel's light. \* With great zeal and boldness, O Lord, they preached that Thou art the God of all, \* and to Thy disciples they cried: \*\* The Life of all hath arisen from the dead.

**ODE IV**

**Irmos:** **T**he prophet foreseeing Thy birth from a virgin, \* prophesied crying aloud: \* 'I have heard of Thy report, and I was afraid; \* For from the South, from the Overshadowed mountain \* shalt thou come forth O Christ'

**Refrain:** **G**lory to Thee, Our God, **G**lory to Thee

**B**y the Cross Thou didst bind the belly of Hades, and didst raise up the dead together with Thyself, and didst destroy the tyranny of death. Wherefore, we who are of Adam worship and praise Thy burial and arising, O Christ.

**Refrain: Glory to Thee, Our God, Glory to Thee**

**O** our Savior, Whose good pleasure it was, for the sake of Thy compassionate mercy to be nailed to the Cross and redeem us from the paternal curse, loose the bonds of my many transgressions, for Thou art able to accomplish whatsoever Thou dost will.

**Refrain: Glory to Thee, Our God, Glory to Thee**

**O** Thou Who didst nail to the Cross mine ancient curse, and didst cause blessing to pour forth for me from Thy side by Thy blood, O Savior, loose Thou the bonds of my many transgressions, for Thou art able to accomplish whatsoever Thou dost will.

**Refrain: Glory to Thee, Our God, Glory to Thee**

**W**hen hades met Thee in the nethermost regions, it was embittered, O Savior, seeing that those whom it had the power to devour aforetime, it now gave up involuntarily; its depths are searched out, and it is stripped and despoiled of its dead.

**Refrain: Glory to Thee, Our God, Glory to Thee**

**T**hough the stone was sealed, and the sentry was present, O ye lawless foes, yet the Lord arose as He foretold, loosing the bonds of my many transgressions, for He is able to accomplish whatsoever He doth will.

**Refrain: Glory to Thee, Our God, Glory to Thee**

**O** Thou Who didst arise from the sepulcher and didst despoil Hades and quicken the dead, and didst cause incorruption to flow forth for me by Thine arising, loose Thou the bonds of my many transgressions, for Thou art able to accomplish whatsoever Thou dost will.

**Refrain: O Most Holy Trinity, Our God, Glory to Thee**

**T**rinitarion: **W**ho can tell of the immeasurable glory of the Godhead, transcendent in essence? for being the Trinity by nature, He is praised as beginningless and consubstantial, and is hymned as a Unity in Trinity, in simple hypostases.

**Theotokion: D**o thou unceasingly entreat Him Who dwelt in thy womb, O pure Virgin Mother, and Whom thou, the Theotokos, didst bear without knowing a man, that He loose the bonds of my many transgressions; for thou art able to help in whatsoever thou dost will.



4 Troparia from the canon from the Menaion:

**Katavasia:** On divine watch \* let the God-inspired Habakkuk stand with us, \* and show forth the light-bearing angel \* clearly saying: \* Today salvation is come to the world, \* for Christ is risen as Almighty.

ODE V

**Irmos:** Having dispelled the gloom of my soul, \* O my Savior, do Thou illumine me \* with the light of Thy commandments \* for Thou alone art the King of peace.

**Refrain:** Glory to Thee, Our God, Glory to Thee

When Thou wast clothed with me, Thou didst divest me of mine ancient garment which, alas! the sower of sin wove for me, O Savior.

**Refrain:** Glory to Thee, Our God, Glory to Thee

Alas! my sin hath sewn fig leaves for me who by the counsel of the serpent have not kept Thine immaculate commandment, O Savior.

**Refrain:** Glory to Thee, Our God, Glory to Thee

Though my soul was wounded by my thieving thoughts, Christ, Who came forth from Mary, hath healed, by pouring oil thereon.

**Refrain:** Glory to Thee, Our God, Glory to Thee

Standing by the Cross, the most pure Theotokos called out with a maternal voice: Thou hast left me alone, O my Son and God.

**Refrain:** Glory to Thee, Our God, Glory to Thee

By the weapon of Thy Cross Thou hast put down the serpent, the author of evil, and by Thine arising Thou hast broken the sting of death, O Jesus.

**Refrain:** Glory to Thee, Our God, Glory to Thee

Let Adam also cry out: O Death, where is thy sting? O Hades, where is thy victory? Thou art destroyed by the quickening of Him that raiseth the dead.

**Refrain:** O Most Holy Trinity, Our God, Glory to Thee

**Trinitarian:** Thee, the God and Father, and the Son and the Spirit, do I worship, in three hypostases, and I believe the One to be Three, in one essence.

**Theotokion:** We the faithful praise thee, who by a seedless conception didst give birth in a manner transcending nature, to Christ, the only Master, Who hath renewed nature.

4 Troparia from the canon from the Menaion:

**Katavasia:** Let us awake in the deep dawn, \* and instead of myrrh, offer a hymn \* to the Master, \* and we shall see Christ, the Sun of Righteousness, \* Who causeth life to dawn for all.

## ODE VI

**Irmos:** I am held fast in the depths of sin O Savior, \* and am overwhelmed by the sea of life, \* but as Jonah was delivered from the sea-monster, \* so also deliver me from the passions, \* and save me.

**Refrain:** Glory to Thee, Our God, Glory to Thee

Hades is dead, take courage, O ye earthborn, for while Christ was hanging upon the Tree, He cast the sword against him, and he lieth dead; for, being stripped naked, he was despoiled of those he held.

**Refrain:** Glory to Thee, Our God, Glory to Thee

Hades hath been despoiled, take courage, O ye dead; and the tombs have been opened: arise. Thus did Christ cry unto you from Hades, even He that hath come to deliver all from death and corruption.

**Refrain:** Glory to Thee, Our God, Glory to Thee

The dead, which at one time thou didst have the power to devour, and which now are demanded of thee, do thou give back to Me, O Hades, crieth God, the Giver of life, Who hath come to deliver all from thine insatiate belly.

**Refrain:** Glory to Thee, Our God, Glory to Thee

O ye myrrh-bearing women, why hasten ye now? Why bring ye myrrh unto the Living One? Christ is risen, as He foretold. Let your tears cease and be changed into joy.

**Refrain:** Glory to Thee, Our God, Glory to Thee

The Lord is risen and hath despoiled the enemy, and having plucked out them that were in fetters, He hath led forth all, as well as Adam the first-fashioned, when He raised him up, since He is compassionate and the Lover of mankind.

**Refrain:** Glory to Thee, Our God, Glory to Thee

Having wrapped Thee in linen, O Christ, the noble Joseph laid Thee in a tomb; and having anointed with myrrh the fallen temple of Thy Body, he rolled a great stone before the sepulcher.

**Refrain:** O Most Holy Trinity, Our God, Glory to Thee

**Trinitarion:** O ye faithful, let us praise the Trinity in Unity, glorifying the Father with the Son, and the Spirit Who is consubstantial with the Son, and Who with the Father is co-beginningless and everlasting God.

**Theotokion:** Like a vineyard didst thou conceive untilled in thy womb the Cluster of grapes where from, like wine, there pour forth for us torrents of immortality, even eternal life.

4 Troparia from the canon from the Menaion:

**Katavasia:** Thou didst descend into \* the nethermost parts of the earth, \* and didst shatter the eternal bars \* that held the fettered, O Christ, \* and on the third day, \* like Jonah from the whale, \* Thou didst arise from the tomb.

Kontakion, in Tone II:

When Thou didst cry, Rejoice, unto the Myrrh-bearers, \* Thou didst make the lamentation of Eve the first mother \* to cease by Thy Resurrection, O Christ God. \* And Thou didst bid Thine Apostles to preach: \*\* The Savior is risen from the grave.

**Ikos:** As the Myrrh-bearers went to Thy tomb, O Savior, they were perplexed in mind and said to themselves: Who will roll the stone away from the sepulcher for us? And looking up, they saw that the stone was rolled away. They were awestruck by the form of the Angel and his raiment. They were taken with trembling and thought to flee; and the youth cried unto them: Be not afraid; He Whom ye seek is risen; come, behold the place where the body of Jesus lay, and go quickly, proclaim unto the disciples: The Savior is risen from the grave.

ODE VII

**Irmos:** Like unto the Cherubim, the Children rejoicing in the furnace sang: \* 'Blessed art Thou O God, \* for in truth Thou hast brought this judgment upon us \* because of our sins, \* Thou art supremely praised and glorified throughout all ages'.

**Refrain:** Glory to Thee, Our God, Glory to Thee

Thou, as the Lover of mankind, wishing to save from error all whom Thou hadst fashioned, didst deign to be nailed to the Cross, that by Thy flesh Thou mightest renew this image demolished by the passions, O Savior; and despoiling Hades, Thou didst raise up the dead with Thyself.

**Refrain:** Glory to Thee, Our God, Glory to Thee

When Thou wast lifted up upon the Cross, O Compassionate One, Thou didst call all unto Thyself, as Thou didst promise, O Good One. For in truth Thou wast pleased to suffer all these things because of our sins. Wherefore, Thou didst also open the gates of Paradise unto the thief, O Savior.

**Refrain:** Glory to Thee, Our God, Glory to Thee

**T**hou didst raise up the fallen temple of Thy Body from the grave on the third day, as Thou didst promise, O Good One, that in truth Thou mightest make known Thy glory which Thou dost cause to flow for us through faith; and thou didst take away those who were in bonds, whom Hades had held of old in fetters.

**Refrain:** **G**lory to Thee, Our God, Glory to Thee

**O** mindlessness of the Jews! O frenzy of the lawless! What thing did ye see, that ye believed not in Christ? For did He not by a word raise up the sick? Or did He not Himself save the whole world? At least, let the soldiers or those that arose from the dead convince you.

**Refrain:** **G**lory to Thee, Our God, Glory to Thee

**L**et the guards who became as dead now say: How was He stolen, Whom he ungrateful ones in no wise saw? For if they saw Him not arisen, how would they ever have perceived how He was stolen? At least, let this stone and Christ's funeral shrouds convince you.

**Refrain:** **G**lory to Thee, Our God, Glory to Thee

**W**hom do ye guard as dead? What seals have ye placed upon the stone, O ye Jews, who fear the fear of theft? Behold, in truth the grave is sealed. How, therefore, did He arise, were Christ not God? \* Let them that arose and were seen by many convince you.

**Refrain:** **O** Most Holy Trinity, Our God, Glory to Thee

**T**rinitarian: **W**ith the Father we glorify the Son and the Holy Spirit, crying with unceasing voice: O Trinity, single essence, have mercy, save us all, Thou Who art a Unity in three Hypostases; have compassion on us, O God, Who art glorified unto the ages.

**T**heotokion: **O** most pure One, how, except in a manner as He willed and as He knew, didst thou contain in thy womb a Child before Whom the hosts of Angels tremble, since He is God? He dwelt among us, wishing to save all the earthborn of Adam and to loose Adam from that curse which came from the bitter tasting.

**4 Troparia from the canon from the Menaion:**

**Katavasia:** **H**e Who delivered the Children \* from the furnace, became a man, \* and suffereth as a mortal, \* and through His Passion \* doth clothe mortality \* with the beauty of incorruption, \* He is the only blessed and supremely glorious God of our fathers.

## ODE VIII

**Irmos:** Unto Him Who of old prefigured the miracle of the Virgin, \* unto Moses in the burning-bush \* on Mount Sinai, \* let us sing, bless and supremely exult throughout all ages.

**Refrain:** Glory to Thee, Our God, Glory to Thee

The beams of the sun withdrew themselves in fear before the sufferings of Christ, and the dead arose, and the mountains shook, and the earth trembled, and Hades was laid bare.

**Refrain:** Glory to Thee, Our God, Glory to Thee

The thrice-blessed Children who were in the furnace of old, raising up their hands, prefigured Thine immaculate Cross, O Good One, whereby Thou didst cast down the might of the enemy, O Christ.

**Refrain:** Glory to Thee, Our God, Glory to Thee

O ye blind Jews, deceivers and transgressors, who disbelieved Christ's arising as though it were a lie: What do ye see that is unbelievable? that Christ, Who raised up the dead, is risen?

**Refrain:** Glory to Thee, Our God, Glory to Thee

Who is it that withered the fig tree? Who is it that healed the withered hand? Who is it that once filled the multitude in the wilderness? Is it not Christ God, Who raised up the dead?

**Refrain:** Glory to Thee, Our God, Glory to Thee

Who is it that raised the four-day dead from the grave, and the son of the widow? Who is it that, as God, strengthened the paralytic on his bed? Is it not Christ God, Who raised up the dead?

**Refrain:** Glory to Thee, Our God, Glory to Thee

The stone itself crieth, the seals call out; when ye placed them, ye appointed a watch to guard the tomb. Truly Christ is risen, and He liveth unto the ages.

**Refrain:** O Most Holy Trinity, Our God, Glory to Thee

**Trinitarian:** We glorify the Son and the Holy Spirit together with the Father, even the Holy Trinity in one Godhead and we cry: Holy, Holy, Holy art Thou throughout the ages.

**Theotokion:** Without suffering change, thou didst give birth unto One, even Christ God, Who is twofold of nature, Who, as the ever-living Bread, was fashioned without fashioning in thy womb, according to our fashion.

4 Troparia from the canon from the Menaion:

Verse: We praise, we bless, we worship the Lord, praising and supremely exalting Him unto all ages.

**Katavasia:** This chosen and holy day \* is the first of the Sabbaths, \* the queen and lady, feast of feasts, \* and the festival of festivals, \* wherein we bless Christ unto the ages.

Verse: My soul doth magnify the Lord, \* and my spirit hath rejoiced in God my Savior.

And after each Verse:

Refrain: More honorable than the Cherubim, \* and beyond compare more glorious than the Seraphim; \* who without corruption gavest birth to God the Word, \*\* the very Theotokos, thee do we magnify.

Verse: For He hath looked upon the lowliness of His handmaiden; \* for behold, from henceforth all generations shall call me blessed.

Refrain: More honorable ...

Verse: For the Mighty One hath done great things to me, \* and holy is His name; \* and His mercy is on them that fear Him \* unto generation and generation.

Refrain: More honorable ...

Verse: He hath showed strength with His arm, \* and He hath scattered the proud in the imagination of their heart.

Refrain: More honorable ...

Verse: He hath put down the mighty from their seat, \* and exalted them of low degree; \* He hath filled the hungry with good things, \* and the rich He hath sent empty away.

Refrain: More honorable ...

Verse: He hath holpen His servant Israel \* in remembrance of His mercy, \* as He spake to our fathers, \* to Abraham and his seed forever.

Refrain: More honorable ...

## ODE IX

**Irmos:** In a manner surpassing nature, \* the Word who timelessly shone forth from the Father, \* hath been conceived within a womb, \* according to the flesh, \* O ye faithful with never silent hymns let us magnify Him.

Refrain: Glory to Thee, Our God, Glory to Thee

When the thief recognized Thee as God upon the Cross, Thou didst make him an heir of the noetic Paradise, as he cried out: Remember me, O Almighty Savior.



**Refrain:** **Glory to Thee, Our God, Glory to Thee**

**T**hou wast smitten for our sake, Thou wast spat upon by the lawless men, O Jesus, Who didst inscribe the tablets of the Law on Mount Sinai for Thy servant Moses.

**Refrain:** **Glory to Thee, Our God, Glory to Thee**

**T**hou was pierced in Thy life-creating side, O Christ, and Thou didst cause Thine immaculate Blood and the precious Water to flow forth as an ever-living fount for the world.

**Refrain:** **Glory to Thee, Our God, Glory to Thee**

**T**hou wast accounted among the dead, O Thou Who didst quicken the dead; Thou wast laid in a grave, Who didst empty the graves; Thou didst despoil Hades, O Thou Who didst resurrect Adam.

**Refrain:** **Glory to Thee, Our God, Glory to Thee**

**G**lory be to Thee, O Christ Savior, Who didst cause life to flow forth, and the light to shine upon those in the darkness of ignorance, and Who hast illumined the whole world by Thine arising.

**Refrain:** **Glory to Thee, Our God, Glory to Thee**

**L**et us acclaim the wondrous Joseph, as well as Nicodemus and the faithful Myrrh-bearers, O ye faithful, as we cry out: The Lord is truly risen.

**Refrain:** **O Most Holy Trinity, Our God, Glory to Thee**

**T**ritarion: **T**hou art beginningless, O Father; uncreated art Thou, O Son; of equal rank is the Spirit; the Three being One by nature and Three in Hypostases, even one true God.

**Theotokion:** **L**et Jesse rejoice and let David dance, for behold, the Virgin, the rod planted by God, hath blossomed forth the Flower, even the everlasting Christ.

**4 Troparia from the canon from the Menaion:**

**Katavasia:** **S**hine, shine, O new Jerusalem, for the glory of the Lord is risen upon thee; dance now and be glad, O Zion, and do thou exult, O pure Theotokos, in the arising of Him Whom thou didst bear.

**Exapostilarion of Pascha, in Tone III:**

**H**aving fallen asleep in the flesh, \* as a mortal, \* O King and Lord, \* on the third day Thou didst rise again, \* raising up Adam from corruption, \* and abolishing death: \* O Pascha of incorruption, \*\* Salvation of the world! **(Twice)**

## Glory ..., Now & Ever ..., Exapostilarion of the Feast.

**H**earken, ye women, and give ear unto the voice of joy, for I have trampled down tyrant Hades and raised the world from corruption. Hasten ye quickly and proclaim the gladsome tidings to My friends; for I have willed that joy shine forth thence upon all My creation from whence there first came sorrow.

### At the Praises: 4 Stichera, from the Oktoechos, in Tone II:

**Verse 1: Praise Him for His mighty acts, praise Him according to the multitude of His greatness.**

**H**aving willingly become poor with Adam's poverty, \* O Christ God, \* Thou didst come upon the earth, \* incarnate from a Virgin. \* And having accepted the Cross, \* Thou hast freed us from slavery to the enemy. \*\* O Lord, glory be to Thee.

**Verse 2: Praise Him with the sound of the trumpet: \* Praise Him with the psaltery and harp.**

**Repeat: H**aving willingly become poor ...,

### Of the Resurrection, in Tone II:

**Verse 3: Praise Him with timbrel and dance: \* Praise Him with strings and flute.**

**R**ejoice O ye peoples and be glad! \* for an Angel sat upon the grave stone \* and hath given us good tidings saying: \* 'Christ is risen from the dead \* and hath filled the universe with sweet fragrance. \*\* Rejoice O ye peoples and be glad!

### Martyricon, in Tone II:

**Verse 4: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation. \* Let every breath praise the Lord.**

**T**he multitudes of Thy Saints beseech Thee, O Christ: \* Have mercy upon us, \*\* in so far as Thou art the Lover of mankind.

### Glory ..., Now & ever ..., from the Pentecostarion, in Tone :

**T**he women came with fear unto the sepulcher, \* as they hastened to anoint Thy Body with sweet-smelling spices. \* And not finding it, they were at a loss among themselves, \* being ignorant of the Resurrection. \* But an Angel came unto them and said: \*\* Christ hath arisen, granting us great mercy.

**Reader: T**o Thee is due glory ...,

**Priest: G**lory to Thee Who hast shown us the Light.

### The Small Doxology (read)

**Litany: L**et us complete our morning prayer ...,

### Then the Aposticha, in Tone II:

**L**amenting, the myrrh-bearing women disciples of Christ \* cried aloud: \* Is the Redeemer yet among the dead? \* Is the noetic Sun yet still beneath the earth? \* or Hath He arisen as He foretold? \* But while they were weeping, \* an Angel spake unto them from the tomb, \* speaking of divine joy, saying: \* Christ the Lord hath arisen; \* hasten now, and proclaim unto all mankind \*\* His divine Resurrection from the tomb.

**Verse:** **Thou** hast been gracious, O Lord, unto Thy land; \* Thou hast turned back the captivity of Jacob.

**W**hen the myrrh-bearing women \* had prepared their precious myrrh, \* they came unto Thy tomb while it was still dark; \* early on the first day of the week; \* to anoint Thine immaculate and divine Body O Christ. \* Whereupon, learning of Thine arising, \* they hastened to proclaim it unto Thine initiates, \* and Thou didst greet them saying: \* Rejoice ye all! \*\* In Thine extreme love for Mankind.

**Verse:** **Mercy** and truth are met together, \* righteousness and peace have kissed each other.

**T**he Most High God was buried as one dead \* within a grave on earth. \* The women disciples went with haste to anoint Thee \* with precious ointments. \* And beholding in the tomb the lightning-like visage of a youth seated there, \* they were filled with astonishment. \* Whereupon, having learned that the Word hath arisen on the third day, \*\* they proclaimed it unto the Apostles.

**Glory ..., Now & ever ..., in Tone V:**

**O** Thou Who hath clothed Thyself with light as with a garment, \* Joseph with Nicodemus took Thee down from the Tree \* and beholding Thee dead, naked, and unburied, \* struck up a heartfelt dirge, \* and with lamenting said: \* Woe is me, O sweetest Jesus! \* When but a short while ago the sun beheld Thee hanging upon the Cross, \* it shrouded itself in darkness, and the earth quaked with fear, \* and the veil of the Temple was rent in twain. \* But now beholding Thee, \* I understand that Thou dist willingly submit to death for my sake. \* How shall I bury Thee, O my God? \* Or how shall I wrap Thee with winding sheets? \* With what hands shall I touch Thine undefiled Body? \* Or what hymns shall I sing at Thy departure, O Compassionate One? \* I magnify Thy Passion; I praise Thy Burial and Resurrection, \*\* and I cry out: O Lord, glory to Thee.

**Reader:** **I**t is good to give praise unto the Lord, and to chant unto Thy name, O Most High, to proclaim in the morning Thy mercy, and Thy truth by night.

**Trisagion, 'Our Father ...', Then:  
The Dismissal Troparia, in Tone II:**

**T**he noble Joseph having taken down Thy most pure Body from the tree, \* wrapped it in a fine linen shroud \* covering it with fragrant spices \* and placed it in a new sepulcher; \* but on the third day Thou didst arise, O Lord, \*\* granting the world great mercy.

**Glory ..., in Tone II:**

**W**hen Thou didst descend unto death, O Life Immortal, \* then didst Thou slay Hades with the lightning of Thy Godhead. \* And when Thou didst also raise the dead out of the nethermost depths, \* all the Hosts of the heavens cried out: \*\* 'O Life-giver, Christ our God, glory be to Thee'.

**Now & ever ..., in Tone II:**

**T**he Angel standing by the tomb cried unto the myrrh-bearing women, \* 'Myrrh is fitting for the dead, \* but Christ hath been revealed a stranger to corruption. \* rather Cry aloud: The Lord is risen, \*\* granting the world great mercy!'

**Note: If the Menaion has a Troparion, we chant as follows:**

**The noble Joseph ..., When Thou didst descend ..., Glory ... from the Menaion, Now & Ever ..., The Angel standing ...,**

**Litany: Have mercy on us ...,**

**Priest: Wisdom.                   Choir: (Master) Bless**

**Priest: He Who is blessed ...,**

**Choir: Amen, Establish, O God, the holy Orthodox Faith ...,**

**Priest: Most Holy Theotokos save us.**

**Choir: More honorable than the Cherubim ...,**

**Priest: Glory to Thee O Christ God, our hope ...,**

**Choir: Christ is risen from the dead, trampling down death by death. And upon those in the tombs bestowing life. (Thrice)**

**Priest: The Dismissal ...,**

**WEDNESDAY OF THE THIRD WEEK  
AT LITURGY**

**The Typica, For the Beatitudes, 6 verses from ODE V of the Canon.**

**W**hen Thou wast clothed with me, Thou didst divest me of mine ancient garment which, alas! the sower of sin wove for me, O Savior.

**A**las! my sin hath sewn fig leaves for me who by the counsel of the serpent have not kept Thine immaculate commandment, O Savior.

**T**hough my soul was wounded by my thieving thoughts, Christ, Who came forth from Mary, hath healed, by pouring oil thereon.

**S**tanding by the Cross, the spotless Theotokos called out with a maternal voice: Thou hast left me alone, O my Son and God.

**Trinitarion:** **T**hee, the God and Father, and the Son and the Spirit, do I worship, in three hypostases, and I believe the One to be Three, in one essence.

**Theotokion:** **W**e the faithful praise thee, who by a seedless conception didst give birth in a manner transcending nature, to Christ, the only Master, Who hath renewed nature.

**At the Entrance The Troparion for the Feast:**

**The Troparia, in Tone II:**

**T**he noble Joseph having taken down Thy most pure Body from the tree, \* wrapped it in a fine linen shroud \* covering it with fragrant spices \* and placed it in a new sepulcher; \* but on the third day Thou didst arise, O Lord, \*\* granting the world great mercy.

**Tone II:**

**W**hen Thou didst descend unto death, O Life Immortal, \* then didst Thou slay Hades with the lightning of Thy Godhead. \* And when Thou didst also raise the dead out of the nethermost depths, \* all the Hosts of the heavens cried out: \*\* 'O Life-giver, Christ our God, glory be to Thee'.

**Tone II:**

**T**he Angel standing by the tomb cried unto the myrrh-bearing women, \* 'Myrrh is fitting for the dead, \* but Christ hath been revealed a stranger to corruption. \* rather Cry aloud: The Lord is risen, \*\* granting the world great mercy!'

**Then the Troparion for the Temple, the Troparion for the Saint of the day, if there be any, then the Kontakion for Temple, Glory for the Saint, if there be any, Then:**

**Now & ever ..., Kontakion of the Feast, in Tone II:**

**W**hen Thou didst cry, Rejoice, unto the Myrrh-bearers, \* Thou didst make the lamentation of Eve the first mother \* to cease by Thy Resurrection, O Christ God. \* And Thou didst bid Thine Apostles to preach: \*\* The Savior is risen from the grave.

**The Trisagion, then:**

**The Prokeimenon, in Tone II: The Lord is my strength and my song, \***  
and He is become my salvation.

**Verse: With chastisement hath the Lord chastened me, but He hath not given me over unto death.**

**THE ACTS OF THE HOLY APOSTLES: [ACTS 8:18 - 25]**

**I**n those days, Simon saw that through laying on of the apostles' hands the Holy Ghost was given, he offered them money, Saying, Give me also this power, that on whomsoever I lay hands, he may receive the Holy Ghost. But Peter said unto him, Thy money perish with thee, because thou hast thought that the gift of God may be purchased with money. Thou hast neither part nor lot in this matter: for thy heart is not right in the sight of God. Repent therefore of this thy wickedness, and pray God, if perhaps the thought of thine heart may be forgiven thee. For I perceive that thou art in the gall of bitterness, and in the bond of iniquity. Then answered Simon, and said, Pray ye to the LORD for me, that none of these things which ye have spoken come upon me. And they, when they had testified and preached the word of the Lord, returned to Jerusalem, and preached the gospel in many villages of the Samaritans.

**Alleluia. Second Tone**

**Verse: The Lord hear thee in the day of affliction; the Name of the God of Jacob defend thee.**

**Verse: O Lord, save the king, and hearken unto us in the day when we call upon Thee.**

**THE GOSPEL ACCORDING TO ST. JOHN [6:35 - 39]**

**J**esus spake unto those of the Jews who came unto Him saying: I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst. But I said unto you, That ye also have seen me, and believe not. All that the Father giveth me shall come to me; and him that cometh to me I will in no wise cast out. For I came down from heaven, not to do mine own will, but the will of him that sent me. And this is the Father's will which hath sent me, that of all which he hath given me I should lose nothing, but should raise it up again at the last day.



In place of "It is meet" The Zadostoinik is chanted from Ode IX.

**Refrain:** The angel cried unto her that is full of grace: \* Rejoice, O pure Virgin! And again I say, rejoice! \* For thy Son is risen from the grave on the third day, \* and hath raised the dead, O ye people, be joyful!

**Irmos:** Shine, shine, O new Jerusalem, \* for the glory of the Lord hath arisen upon thee; \* dance now and be glad, O Zion, \* and do thou exult, O pure Theotokos, \* in the arising of Him Whom thou didst bear.

**Communion Verse:** Praise the Lord from the Heavens, praise Him in the highest. Alleluia, Alleluia, Alleluia.

We sing "Christ is risen..." instead of "We have seen the true light..."

At the dismissal, when the priest says: "Glory to Thee, O Christ God..." The Choir sings "Christ is risen..." x3 instead of " Glory..., Now & ever ..., Father bless!" Then the priest gives the dismissal.