

**THE 17TH DAY OF THE MONTH OF SEPTEMBER**  
**AFTERFEAST OF THE EXALTATION OF THE PRECIOUS CROSS OF THE LORD**  
**COMMEMORATION OF THE HOLY MARTYRS SOPHIA & HER THREE DAUGHTERS:**  
**FAITH (VERA), HOPE (NADJEZHDA) AND CHARITY (LYUBOV)**  
**AT VESPERS**

At "Lord, I have cried ..., 6 Stichera; three for the Feast, in Tone I:

Spec. Mel.: "Joy of the ranks of heaven ...":

**T**he Cross is uplifted, and the demons are, driven away; \* the thief openeth the gates of Eden, \* death is slain and hath now been shown to be desolate; \* Christ is magnified. \* Wherefore, be glad, all ye earthborn, \*\* for the curse hath been abolished.

**C**ome, all ye who love God, \* and beholding the precious Cross uplifted, \* let us magnify it together \* and give glory to the one Redeemer and God, \* crying aloud: O Thou who wast crucified on the wood of the Cross, \*\* disdain not us who pray to Thee!

**M**oses of old, changing bitterness into sweetness, \* delivered Israel, inscribing the image of the Cross beforehand; \* and all of us, the faithful, \* ever mystically making the sign thereof \* in our hearts in a godly manner, \*\* are saved by its might.

And three Stichera of the Martyrs, in Tone IV:

Spec. Mel.: "Thou hast given us a sign ...":

**T**he virgin maidens, \* bound by the law of nature \* and manifestly strengthened by the love of the Creator, \* with faith loosed \* the bonds of deception; \* and, becoming manly, \* they trampled the feeble enemy underfoot \* and have been radiantly adorned with the crown of victory; \*\* and, rejoicing, they have made their abode in the heavenly bridal chamber.

**T**he all-praised Faith \* and the glorious Charity, \* and the divinely wise Hope, \* showing themselves to be the namesakes \* of the most splendid virtues, \* as spiritual athletes cast down the evil one, \* who with cunning had deceived our first mother; \* and having become deified, they have received mansions in paradise, \*\* praying for us all.

**F**aith, Hope and Charity, \* the offspring of Sophia, \* seeking with faith the beauty \* of the most comely Bridegroom, \* united themselves to Him, \* having adorned themselves with divine wounds; \* having disdained the fire, the multifarious torments \* and an ignominious death. \*\* For their sake, O Lord, free us from evils.

Glory ..., Now & ever ..., of the feast, in Tone I:

**E**levated today, the Tree of life, which was planted in the place of the skull, whereon the pre-eternal King wrought salvation in the midst of the earth, sanctifying

the ends of the earth; and the temple of the Resurrection is renewed. The angels rejoice in heaven, and mortals make merry on earth, crying like David and saying: Exalt ye the Lord our God, and worship the footstool of His feet, for it is holy, granting great mercy to the world!

**At the Aposticha, these Stichera, in Tone II:**

**Spec. Mel: "O house of Ephratha ...":**

**L**ike, a bride \* is the Church splendidly adorned \* with the water of grace \* and with Thy Blood, O Word, \*\* hymning the glory of the Cross.

**Verse:** Exalt ye the Lord our God, \* and worship the footstool of His feet, for it is holy.

**R**aising aloft the spear and the Cross, \* the nails and all else \* wherewith \* the life-bearing body of Christ was pierced, \*\* let us worship them.

**Verse:** God is our King before the ages; \* He hath wrought salvation in the midst of the earth.

**W**hen Moses \* conquered Amalek, \* keeping his arms raised aloft, \* he prefigured the most pure suffering of Christ \*\* in the form of the Cross.

**Glory ..., Now & ever ..., in Tone I:**

**P**refiguring Thy Cross, O Christ, in giving his blessing to his grandsons, the Patriarch Jacob crossed his hands over their heads. And raising it aloft today, O Savior, we cry aloud: Grant victory over adversaries to all Orthodox Christians, as Thou didst grant victory to Constantine.

**Troparion of St Sophia and her Three Daughters, in Tone V:**

**T**hou didst blossom in the courts of the Lord \* as a fruitful olive tree, \* O holy Martyr Sophia; \* in thy contest thou didst offer to Christ \* the sweet fruit of thy womb, \* Love, Hope and Faith. \* With them, intercede for us all.

**Glory ..., Now & ever ..., Troparion of the Feast, in Tone I:**

**S**ave O Lord Thy people, \* and bless Thine inheritance. \* Grant now unto the faithful \* victory over adversaries, \* and by the power of Thy Cross \*\* do Thou preserve Thy commonwealth.

## AT MATINS

After the first chanting of the Psalter, this Sedalion, in Tone II:

Spec. Mel: "O compassionate one...":

**W**hen Thou wast crucified, O Master Christ, the might and strength of death were destroyed, and all the tyranny of the enemy was trampled underfoot. And we who of old were slain by the transgression of eating of the tree, have been restored to life by the tree of the Cross. Wherefore, we glorify Thy sufferings.

Glory ..., Now & ever ..., and the above is repeated.

After the second chanting of the Psalter, this Sedalion, in Tone IV:

Spec. Mel: "Go thou quickly before ...":

**R**ejoicing in thee, O thrice blessed and life-bestowing Cross, the people celebrate together with the immaterial choirs, the ranks of hierarchs reverently hymn thee, multitudes of monastics and fasters bow down before thee in adoration, and we all glorify Christ Who was crucified upon thee.

Glory ..., Now & ever ..., and the above is repeated.

Canon of the Feast, with eight Troparia, including its Irmos; and that of the martyrs, with four Troparia.

## ODE I

Canon of the Feast, in Tone VIII:

**Irmos:** Inscribing the invincible weapon of the Cross upon the waters, \* Moses marked a straight line before him with his staff \* and divided the Red Sea, \* opening a path for Israel who went over dry-shod. \* Then he marked a second line across the waters \* and united them in one, \* overwhelming the chariots of Pharaoh. \* Therefore let us sing to Christ our God, \* for He hath been glorified.

**O**f old, Moses, standing between the priests, prefigured in himself the image of Christ's most pure sufferings; for, forming a cross with his outstretched arms, he raised up victory, vanquishing the might of the tyrant Amalek. Wherefore, let us hymn Christ our God, for He hath been glorified.

**U**pon a pole Moses set the cure of the deadly and venomous sting of the serpents, and the deliverance therefrom; for to the tree, in the image of the Cross, he bound a serpent which crawleth upon the ground, triumphing over the sinister bane therein. Wherefore, let us hymn Christ God, for He hath been glorified.

**T**he sky showed forth the victory of the Cross to the divinely wise Emperor Constantine, the pious ruler; and therein the audacity of the hostile foe was cast down, delusion was destroyed and the divine Faith spread to the ends of the earth. Wherefore let us hymn Christ our God, for He hath been glorified.

Canon of the Martyrs, the acrostic whereof is:

"I hymn the children of Sophia, who are manifest as exceeding splendid,":

The composition of Theophanes, in Tone I:

**Irmos:** Thy victorious right arm, \* in a manner befitting God, \* hath been glorified in strength, O Immortal One; \* for in its infinite strength it shattered the enemy, \* fashioning anew a path for the Israelites through the deep.

O Master Christ, grant me Thine effulgent, transcendent and ineffable wisdom, that I may hymn Thy magnificent and right glorious martyrs, the offspring of Sophia.

Thy name was manifestly adorned by thy manner of life, O divinely wise and glorious Sophia; for, illumined with the grace of wisdom, thou didst spend thy whole life desiring wisdom.

Thine all-blessed fruit, adorned with the number of the supremely divine Trinity, struggled like spiritual athletes for Him, O all-wise Sophia, namesake of the divine Wisdom.

The three virgin maidens, Faith, Hope and glorious Charity, having cleansed body and soul with the virtues, were brought in martyrdom to Thee, O Christ, the noetic Bridegroom.

**Theotokion:** He Who was seen before as an image of God, hath taken upon Himself my whole form, and made His abode as God within thy womb, O most pure one, renewing all. Wherefore, all we, the faithful, glorify thee as the Theotokos.

### ODE III

#### Canon of the Feast

**Irmos:** The rod of Aaron is an image of this mystery, \* for when it budded it showed who should be priest. \* So in the Church, that once was barren, \* the wood of the Cross hath now budded forth, \* filling her with strength and steadfastness.

The rough stone, struck, put forth water for a disobedient and hard-hearted people, and showed forth the mystery of the divinely elect Church, whereof the Cross is the might and confirmation.

When Christ's most pure side was pierced by the spear, blood and water flowed therefrom, renewing the covenant and washing sin away, for the Cross is the boast of the faithful, the might and confirmation of kings.

#### Canon of the Martyrs

**Irmos:** Thou alone knowest the weakness of human nature \* and in compassion hast assumed its form; \* do Thou gird me with power from on high, \* that I may cry unto Thee: \* Holy is the animate temple of Thine ineffable glory, O Lover of mankind!

Harkening to the voice of Christ calling them to a life devoid of death, and having suffered, the crowned virgin martyrs followed Thee, crying out to Thee, O Holy One: O Lover of mankind, holy is the animate temple of Thy pure glory!

**A**s He promised, Christ gave you strength as ye stood before the tribunal as martyrs; filling you with divinely inspired wisdom, and showing you to be radiant, O victorious martyrs, resplendent in the grace of virginity.

**Y**e dulled the greatly arrogant mind of the enemy and cast down his pride, contending with great wisdom; and with the streams of your blood ye drowned him who of old boasted that he would destroy the sea.

**F**illed to abundance with the exalted wisdom of Christ, with elect and wise wisdom the three daughters of Sophia put to shame the savagery of the torturers and their unbearable cruelty, proclaiming divine teachings.

**Theotokion:** **I**n a holy manner thou hast given birth to Christ, the Holy of Holies, the holy tabernacle of sanctity, Who resteth in the saints; and to Him do we cry aloud: Holy is the animate temple of Thine ineffable glory, O Lover of mankind!

**Kontakion of the Martyrs, in Tone I:**

**Spec. Mel: "Thy tomb, O Savior ...":**

**F**aith, Hope and Charity, \* revealed as most sacred branches of the honored Sophia, \* through grace made foolish the wisdom of the Hellenes; \* and having suffered and been revealed to be victorious, \* they were crowned with an incorruptible crown \*\* by Christ the Master of all.

**Sedalion, in Tone I:**

**Spec. Mel: "The choir of the angels ...":**

**O** reason-endowed ewe-lambs of the Lamb and Shepherd, ye were given over to cruel torments and have been revealed to be equal in honor with the angels. Wherefore, in gladness of heart we all celebrate your sacred memory, O divinely wise maidens.

**Glory ..., Now & ever ..., of the Feast, in the same tone, and melody:**

**O**nce the weapon of the Cross was revealed to the pious Emperor Constantine in time of battle to be an invincible victory over the enemy, for the sake of his faith; before it the adverse powers tremble, for it hath become the salvation of the faithful and the boast of Paul.

## **ODE IV**

### **Canon of the Feast**

**Irmos:** **O** Lord, I have heard the mystery of Thy dispensation; \* I have considered Thy works, \* and I have glorified Thy Divinity.

**O**f old, Moses transformed the bitter springs in the desert with a tree, showing forth the conversion of the gentiles to piety through the Cross.

**J**ordan, having hidden in its depths an axe-head, gave it forth again through the power of a stick, signifying the cutting off of deception by the Cross and baptism.



In a sacred manner the people encamped in four divisions; and preceding in this fashion the tabernacle of the witness, they were glorified in the cross-like formation of their ranks.

Wondrously stretched forth, the Cross emitted rays like the sun's, and the heavens declared the glory of our God.

### Canon of the Martyrs

**Irmos:** Habakkuk gazing with foreseeing eyes \* perceived thee as a mountain overshadowed by the grace of God, \* from which, he foretold, \* the Holy one of Israel would come, \* for our salvation and restoration.

Strengthened by divine grace, the right victorious Faith, Charity and Hope manfully put to shame the threats of the tyrant; and burnt by the fire, the all-wise ones were led to Christ the Bridegroom.

Protected by the armor of the Cross, the holy ones Faith, Charity and Hope were able to endure the wounds of their torturers with fortitude, opposing sin most mightily even to the shedding of their blood.

Faith, Charity and Hope, the three radiant lamps of the wisdom of the Trinity, illumined and manifestly shining, enlighten the Church most splendidly, for our salvation and defense.

**Theotokion:** O all-praised Theotokos, thou holy of holies, from thee shone forth the Redeemer, the expectation of the nations and the salvation of the faithful, the Lord and Bestower of life, unto the salvation of us who hymn thee.

### ODE V

### Canon of the Feast

**Irmos:** O thrice-blessed Tree, on which Christ the king and Lord was stretched! \* Through thee the beguiler fell, \* who tempted mankind with the tree. \* He was caught in the trap set by God, \* who was crucified upon thee in the flesh, \* granting peace unto our souls.

O ever-hymned Tree, whereon Christ was stretched: the whirling sword which guarded Eden stood in awe of thee, O Cross, and the dread cherubim withdrew, when Christ was nailed to thee, Who granteth peace unto our souls.

The adverse powers of the nether world are stricken with fear when the sign of the Cross is traced in the air in which they live, as are the generations of the earthborn and the heavenly, who bend the knee to Christ, Who granteth peace unto our souls.

Having shone forth a divine light and revealed itself in rays of incorruption unto the darkened gentiles astray in error, the divine Cross acquireth them for Christ Who was nailed thereto, and granteth peace unto our souls.

### Canon of the Martyrs

**Irmos:** **O** Christ Who hast enlightened the ends of the world \* by the radiance of Thy coming, \* illumining them with Thy Cross, \* do Thou enlighten with the light of divine understanding \* the hearts of those who hymn Thee in Orthodox manner.

**T**he three God-bearing virgins, bound by faith and nature, endured tortures with patience of will, and put to shame the audacious one, proclaiming the mysteries of wisdom which are in God.

**O**ur first mother rejoiceth, seeing the deceiver, who of old drove her from Eden, vanquished by Hope, Faith and Charity, the divinely wise women born from Sophia.

**W**ounded by Thy love and Thy divine ardor, O Christ, the honored maidens avoided the venomous flattery of the tyrant and willingly endured the wounds of tortures.

**Theotokion:** **B**eholding thee, the hosts of heaven rejoice, and with them the assemblies of mortals make merry; for they have been united by thy nativity, O Virgin Theotokos, which as is meet we glorify.

### ODE VI

### Canon of the Feast

**Irmos:** **J**onah stretched out his hands in the form of a cross \* within the belly of the sea monster, \* plainly prefiguring the redeeming Passion. \* Cast out from thence after three days, \* he foreshadowed the marvelous Resurrection of Christ our God, \* who was crucified in the flesh and enlightened the world \* by His Rising on the third day.

**B**ent with age and weighed down with infirmity, Jacob drew himself up when he crossed his arms, showing forth the power of the life-bearing Cross; for God Who was nailed in the flesh hath set aright the obsolescence of the law of the Scripture which was written in shadows, and dispelled the soul-destroying disease of deception.

**D**ivine Israel, in laying his hands cross-wise upon the heads of the youths, revealed that those serving under the law give precedence to the firstborn. Wherefore, when he suspected he had erred in laying his hands cross-wise, he did not alter the life-bearing image, but he cried out, protected by the Cross, the newly established people of Christ God shall have precedence over those under the law.

### Canon of the Martyrs

**Irmos:** **T**he deepest abyss hath surrounded us, \* and there is none to deliver us, \* yea we have been counted as sheep for the slaughter; \* save Thy people O our God, \* for thou art the strength and restoration of the weak.

**R**ejoicing, O Master, the three honored and laudable maidens, equal in number to the Trinity, placed their hope in Thy most pure hands.

**R**esplendent with the beauties of virginity, they adorned themselves with the wounds of martyrdom, receiving from on high a twofold crown from Christ, the most compassionate Bestower of life.

**I**nto the temple of Thee, Who reignest over all, were the precious treasures of virginity brought, O Master, to share in Thy kingdom; for Thou art their light and gladness.

**Theotokion:** **T**he forefathers of our race rejoice in thee, O most pure Virgin, receiving Eden through thee which they had lost through their transgression; for thou wast pure before giving birth and remained pure even after thy birthgiving.

#### **Kontakion of the Feast, in Tone IV:**

**O** Thou Who wast lifted up willingly upon the Cross, \* bestow Thy mercies upon the new community named after Thee, \* O Christ God; gladden with Thy power Orthodox Christians, \* granting them victory over enemies; \*\* may they have as Thy help the invincible trophy, the weapon of peace.

**Ikos:** **H**e that was caught up to the third heaven of paradise and heard unspeakable and divine words which the human tongue cannot utter, what writeth he to the Galatians, which, as lovers of the Scriptures, ye have both read and come to understand? God forbid, saith he, that I should glory, save only in the Cross of the Lord, whereon having suffered He slew the passions. Let us all then firmly hold this boast, the Cross of the Lord; for this Wood is our salvation, the invincible trophy, the weapon of peace.

#### **ODE VII**

##### **Canon of the Feast**

**Irmos:** **T**he senseless decree of the wicked tyrant, \* breathing forth threats and blasphemy hateful to God, \* confused the people. \* Yet neither the fury of the wild beast nor the roaring of the fire \* could frighten the three Children: \* but standing together in the flame, \* fanned by the wind that brought refreshment as the dew, they sang: \* ‘Blessed art Thou and praised above all, \* O our God and the God of our fathers.’

**T**he first man, tasting of the tree, went to dwell in corruption; for, having condemned himself to a shameful banishment from life, he imparted corruption to the whole race of mankind. But we mortals, finding restoration through the tree of the Cross, cry aloud: O supremely hymned God of our fathers, blessed art Thou!

**B**reaking the commandment of God came about through disobedience, and the untimely partaking of the fruit of the tree brought death to mankind, but to preserve that which is most precious, access to the tree of life was forbidden, until God opened it to the suffering thief who with a proper understanding cried aloud: O supremely hymned God of our fathers, blessed art Thou!



Israel, foreseeing things to come, laid hold of the tip of Joseph's staff, revealing beforehand that the most glorious Cross would seize the power of the kingdom, for it is the victorious boast of kings and a light for those who cry aloud with faith: O supremely hymned God of our fathers, blessed art Thou!

### Canon of the Martyrs

**Irmos:** We the faithful perceive thee, O Theotokos, \* to be a noetic furnace; \* for as He, the supremely exalted One, \* saved the three children, \* so hath He wholly refashioned fallen humanity, in thy womb, \* O God of our Fathers, who art praised and supremely glorified.

Manifestly illumined with the thrice radiant grace of unity, the virgins destroyed the darkness of the demons, theologizing concerning the Light in three Hypostases, and chanting: O God of our Fathers, Thou praised and supremely glorified.

Possessing mansions in the heavens, O light-bearing souls, with gladness ye now join chorus with the angels, gazing upon eternal glory and saying: O God of our Fathers, Thou art praised and supremely glorified.

Showing steadfast opposition like the three youths, the maidens manfully trampled upon the fire; for, being equal in number with them, the God-bearing virgins acquired the same understanding of the praised and supremely glorious God of our fathers.

**Theotokion:** O pure one, thou givest remission of transgressions unto those who hymn thee with faith, delivering them from temptations and every evil circumstance; for we have acquired thee as a refuge, O Bride of God, in that thou didst bear the praised God of our fathers in thine arms.

### ODE VIII

#### Canon of the Feast

**Irmos:** O children equal in number to the Trinity: \* bless ye God, the Father and Creator; \* hymn ye the Word Who came down \* and transformed the fire into dew; \* and supremely exalt ye Him Who giveth life unto all, \* the most holy Spirit, \* throughout the ages!

O hosts of heaven, chant ye to the exalted Tree which was drenched in the blood of the incarnate Word of God, and celebrate the restoration of those born on earth. O Ye people, worship the Cross of Christ, by which the world hath been granted the resurrection throughout all ages!

O ye mortal stewards of grace, with your hands reverently raise on high the Cross whereon Christ God stood and the spear which pierced the body of God the Word, that all the nations may see the salvation which is of God, glorifying Him throughout all ages!

O faithful Christian kings, forechosen by divine decree, be ye glad! And having received from God the precious Cross, rejoice in it, the weapon of victory, for thereby tribes of enemy warriors seeking to make battle have been scattered throughout all ages.

### Canon of the Martyrs

**Irmos:** In the furnace as in a fiery smelter \* the Israelite children shone more brightly than gold \* with the beauty of godliness, \* as they exclaimed: Bless the Lord all ye his works, \* hymn and supremely exalt Him throughout all ages.

The divinely radiant virgins Faith, Hope and Charity, were more lustrous than gold in the beauty of their piety, saying: Bless the Lord, all ye works of the Lord; hymn and supremely exalt Him throughout all ages!

The virgins who are radiant and were manifestly splendid amid their torment let us hymn, O ye faithful, saying: Bless the Lord, all ye works of the Lord; hymn and supremely exalt Him throughout all ages!

The shrines of the spiritual athletes ever pour forth a stream of healing abundantly, copiously and richly upon those who with faith cry aloud: Bless the Lord, all ye works of the Lord; hymn and supremely exalt Him throughout all ages!

**Theotokion:** Thou wast holy ground, O pure one, giving birth to the life-bearing Ear of grain: Christ, the Mediator of everlasting life, to Whom we all cry aloud: Bless the Lord, all ye works of the Lord; hymn and supremely exalt Him throughout all ages!

### ODE IX

#### Canon of the Feast

**Irmos:** O Theotokos, thou art a mystical Paradise, \* who untilled hast brought forth Christ. \* He hath planted upon the earth the life-giving Tree of the Cross: \* therefore at its exaltation on this day, \* we worship Him and thee do we magnify.

Let all the trees of the forests rejoice, for their nature hath been sanctified by Him Who planted them in the beginning - Christ Who was stretched out upon the Tree. Wherefore, worshiping it as it is now raised aloft, we magnify thee, O Theotokos.

A sacred horn hath been lifted up, the chief horn for all the divinely wise: the Cross, whereby all the horns of the sinful are noetically broken asunder. Wherefore, worshiping it as it is now raised aloft, we magnify thee, O Theotokos.

That Thou mayest show the Cross, the invincible weapon, to the world, O adored Lord and King, in the sight of all Thou didst form its most glorious image in the skies, radiant with boundless light. Wherefore, all the powers of heaven magnify Thee.

### Canon of the Martyrs

**Irmos:** The Bush, which burnt without being consumed, \* prefigured thy pure birthgiving, O Theotokos. \* Wherefore we now entreat Thee: \* quench the raging furnace of temptations that beset us, \* that we may unceasingly magnify Thee.

**F**illed with thrice-radiant light, and delighting now in the divine radiance, O ye equal in number to the virtues and bearers of their names: Love, Hope and Faith, make us steadfast by hope, love and faith.

**L**et the might of heaven now subdue the tempest of heresy which besetteth us, O invincible spiritual athletes. We entreat you, O good virgins: pray ye unceasingly, that God grant oneness of mind to the faithful.

**H**aving passed through the night of this life, O all-wise ones, ye have reached the unwaning day, making merry as martyrs and boasting in grace as virgins, being deemed worthy of the divine and incorruptible kingdom.

**Theotokion:** **O** how hath the Virgin given birth unto the eternal and hypostatic Word, the effulgence of the hypostasis of the Father, our Benefactor and Lord, Who became incarnate from her, whom we magnify as is meet.

### **Exapostilarion of the Feast:**

**T**he Cross is the preservation of the whole world; the Cross is the adornment of the Church; the Cross is the might of kings; the Cross is the confirmation of the faithful; the Cross is the glory of angels and the wounding of demons!

**Glory ..., Now & ever ..., and the above is repeated.**

**At the Aposticha, these Stichera, in Tone VI:**

**Spec. Mel: "On the third day ...":**

**W**e bow down before the place \* where the feet of Christ stood, \* exalting the thrice blessed Cross \* whereon the Blood of the Master poured forth, \*\* Who hath poured forth resurrection upon the world.

**Verse:** Exalt ye the Lord our God, \* and worship the footstool of His feet, for it is holy.

**H**aving mortified the passions of the flesh and spirit, \* and having crucified ourselves with Christ the Master, \* O ye divinely wise, let us strive to elevate ourselves, \* through the elevation of the Cross, \*\* to the rest of heaven.

**Verse:** God is our King before the ages; \* He hath wrought salvation in the midst of the earth.

**A** life-bearing wellspring hath manifestly welled forth \* from the divine side of the Savior, \* giving drink to the souls \* of those who with faith worship \*\* His divine Passion, Cross and Resurrection.

**Glory ..., Now & ever ..., in Tone II:**

**C**ome, all ye nations, let us worship the blessed Tree whereby everlasting righteousness hath come to be; for he who by the tree deceived our forefather Adam, is himself deceived by the Cross, and he who by tyranny held fast the royal house, falleth, cast down by a strange fall. By the Blood of God the venom of the serpent is washed away, and the curse of the just condemnation was lifted by the Righteous

One when He was condemned by an unjust sentence; for it was fitting that the tree be healed by a Tree, and that, by the sufferings of the Dispassionate One on the Tree, the sufferings of the condemned be loosed. Glory, O Christ our King, to Thy wise dispensation toward us, whereby Thou hast saved all, in that Thou art good and the Lover of mankind.

## AT LITURGY

On the Beatitudes, six Troparia, from Ode IV of the canon of the Feast.

**O**f old, Moses transformed the bitter springs in the desert with a tree, showing forth the conversion of the gentiles to piety through the Cross. (Twice)

**J**ordan, having hidden in its depths an axe-head, gave it forth again through the power of a stick, signifying the cutting off of deception by the Cross and baptism. (Twice)

**I**n a sacred manner the people encamped in four divisions; and preceding in this fashion the tabernacle of the witness, they were glorified in the cross-like formation of their ranks.

**W**ondrously stretched forth, the Cross emitted rays like the sun's, and the heavens declared the glory of our God.

### Troparion of the Feast, in Tone I:

**S**ave O Lord Thy people, \* and bless Thine inheritance. \* Grant now unto the faithful \* victory over adversaries, \* and by the power of Thy Cross \*\* do Thou preserve Thy commonwealth.

### Troparion of St Sophia and her Three Daughters, in Tone V:

**T**hou didst blossom in the courts of the Lord \* as a fruitful olive tree, \* O holy Martyr Sophia; \* in thy contest thou didst offer to Christ \* the sweet fruit of thy womb, \* Love, Hope and Faith. \* With them, intercede for us all.

### Kontakion of the Martyrs, in Tone I:

**F**aith, Hope and Charity, \* revealed as most sacred branches of the honored Sophia, \* through grace made foolish the wisdom of the Hellenes; \* and having suffered and been revealed to be victorious, \* they were crowned with an incorruptible crown \*\* by Christ the Master of all.

### Kontakion of the Feast, in Tone IV:

**O** Thou Who wast lifted up willingly upon the Cross, \* bestow Thy mercies upon the new community named after Thee, \* O Christ God; gladden with Thy power Orthodox Christians, \* granting them victory over enemies; \*\* may they have as Thy help the invincible trophy, the weapon of peace.

Prokeimenon of the feast in Tone VII (also until the Leave-taking): Exalt ye the Lord our God, and worship the footstool of His feet; \* for He is holy.

The Prokeimenon of the saints, in Tone IV: Wondrous is God in His saints, \* the God of Israel.

The Verse: In the Congregations bless ye God, the Lord, from the wellsprings of Israel.



## THE 2ND EPISTLE OF ST. PAUL TO THE CORINTHIANS [2 COR. 6:1-10]

**B**rethren: We beseech you that ye receive not the grace of God in vain. (For he saith, I have heard thee in a time accepted, and in the day of salvation have I succored thee: behold, now is the accepted time; behold, now is the day of salvation.) Giving no offence in any thing, that the ministry be not blamed: But in all things approving ourselves as the ministers of God, in much patience, in afflictions, in necessities, in distresses, In stripes, in imprisonments, in tumults, in labors, in watchings, in fastings; By pureness, by knowledge, by longsuffering, by kindness, by the Holy Ghost, by love unfeigned, By the word of truth, by the power of God, by the armor of righteousness on the right hand and on the left, By honor and dishonor, by evil report and good report: as deceivers, and yet true; As unknown, and yet well known; as dying, and, behold, we live; as chastened, and not killed; As sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

**Alleluia of the feast, in Tone IV: Remember Thy congregation which Thou hast purchased from the beginning.**

**Alleluia of the saints, in Tone I: I waited patiently for the Lord, and He was attentive unto me, \* and hearkened unto my supplication.**

**Verse: And he brought me out of the pit of misery, out of the mire of clay.**

## THE HOLY GOSPEL ACCORDING TO ST. MARK: [MK. 5:24-34]

**A**t that time, much people followed Jesus, and thronged him. And a certain woman, which had an issue of blood twelve years, And had suffered many things of many physicians, and had spent all that she had, and was nothing bettered, but rather grew worse, When she had heard of Jesus, came in the press behind, and touched his garment. For she said, If I may touch but his clothes, I shall be whole. And straightway the fountain of her blood was dried up; and she felt in [her] body that she was healed of that plague. And Jesus, immediately knowing in himself that virtue had gone out of him, turned him about in the press, and said, Who touched my clothes? And his disciples said unto him, Thou seest the multitude thronging thee, and sayest thou, Who touched me? And he looked round about to see her that had done this thing. But the woman fearing and trembling, knowing what was done in her, came and fell down before him, and told him all the truth. And he said unto her, Daughter, thy faith hath made thee whole; go in peace, and be whole of thy plague.

Instead of "It is truly meet...", we chant the Irmos of ODE IX of Canon I:

Refrain: **M**agnify, O my soul, the all-honored Cross of the Lord!

**Irmos: O** Theotokos, thou art a mystical Paradise, \* who untilled hast brought forth Christ. \* He hath planted upon the earth the life-giving Tree of the Cross: \* therefore at its exaltation on this day, \* we worship Him and thee do we magnify.

Communion Verse: The light of Thy countenance, O Lord, hath been signed upon us.

Communion Verse of the saints: Rejoice in the Lord, O ye righteous, praise is meet for the upright