

c.).

Liturgy of St. John: (313) Heb. 6:9–12

(31) Mark 7:31–37

(163) 1 Cor. 15: 47–57 (Departed)

(16) John 5:24–30 (Departed)

MATINS

We sing Matins as on the previous Saturday.

HOURS

Troparia: “Apostles, martyrs....” Kontakion: “With the saints....”

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

After the Entrance, “Apostles, martyrs.... Remember, O Lord...; Glory... With the saints...; Now and ever... We have thee as a wall and a haven....” Prokeimenon, Tone 8:

Rejoice in the Lord and be glad, O you righteous. (31:11) V. Blessèd are they whose transgressions are forgiven, whose sins are covered. (31:1)

Another, Tone 6 (Departed):

Their souls shall dwell in blessedness. (24:13)

Epistles: (313) Heb. 6:9–12 and (163) 1 Cor. 15: 47–57 (Departed). Alleluia, Tone

4:

The righteous cried and the Lord heard them, and He delivered them from all their troubles. (33:18) V. Many are the afflictions of the righteous, and the Lord will deliver them out of them all. (33:20)

Another, Tone 6 (Departed):

Blessèd are they whom Thou hast chosen and taken to Thyself, O Lord. Their memory is from generation to generation. (64:5; 101:13)

Gospels: (31) Mark 7:31–37 and (16) John 5:24–30 (Departed). **Communion**

Hymns:

Rejoice in the Lord, O ye righteous! Praise befits the just! Blessèd are they whom Thou hast chosen and taken to Thyself, O Lord. Their memory is from generation to generation. Alleluia....

Sunday, March 30

Wine & oil

FOURTH SUNDAY OF LENT — TONE 7. VEN. JOHN CLIMACUS OF SINAI, AUTHOR OF THE LADDER (6TH C.). St. Sophróny, Bishop of Irkutsk (1771). Prophet Joad (1 Kings 13:11—10th c. B.C.). Apostles Sosthenes, Apollos, Cephas, Cæsar, and Epaphroditus, of the Seventy (1st c.). St. Eubula,

mother of St. Panteleimon (ca. 303). Ven. John the Silent of St. Sabbas' Monastery (6th c.). St. Zosimas, Bishop of Syracuse (ca. 662).

ALL-NIGHT VIGIL

7th Matins Gospel: (63) John 20:1–10

Liturgy of St. Basil (314) Heb. 6:13–20

(40) Mark 9:17–31

(229) Eph. 5:9–19 (Saint)

(10) Matt. 4:25–5:12 (Saint)

GREAT VESPERS (ALL-NIGHT VIGIL)

Blessèd is the man..." (1st Kathisma). At "**Lord, I call...**" Stikhera on 10, Tone 7: Resurrection—7; St. John—3; Glory... St. John; Now and ever... Dogmatic, Tone 7. Entrance and Prokeimenon of the Day.

Litya: Stikhera of the church or monastery. **Apostikha:** All Resurrection. Glory... St. John; Now and ever... Resurrectional Theotokion (Tone 2).

Troparion: "Rejoice, O Virgin Theotokos..." (thrice).

MATINS

After "The Lord is God..." (Tone 7), **Troparia:** Resurrection (twice); Glory... St. John; Now and ever... Resurrectional Theotokion (Tone 1). Usual Kathismas. Kathisma Hymns: Resurrection. Polielely

is not sung. "Blessed art Thou, O Lord..." and the rest, as on the previous Sunday. Ypakoe and Antiphons: Resurrection. Prokeimenon, Tone 7:

Arise, O Lord my God, lift up Thine hand! / Forget not Thy poor for ever. (9:33) V. I will confess Thee, O Lord, with my whole heart. I will tell of all Thy wonders. (9:1)

"Let every breath..." **Gospel:** (63) John 20:1–10. "Having beheld the Resurrection of Christ..." Psalm 50, the **Hymns of Repentance (Tone 8): "Glory... Open unto me the gates of repentance..."** (and the rest). "O God, save Thy people..."

Canons: Resurrection—4; Theotokos—2; Triodion—4; St. John—4. Irmos: Resurrection. Katavasia: "I shall open my mouth..." After the 3rd Ode: Kontakion and Ikos—St. John; Kathisma Hymns: Triodion. After the 6th Ode: Kontakion and Ikos—Resurrection. The Magnificat is sung. After the 9th Ode: "Holy is the Lord..." (Tone 7). Exapostilaria: Resurrection—7; Glory... St. John; Now and ever... Theotokion.

Praises: Tone 7, on 9: Resurrection—8; Triodion (with its verse)—1; Glory... (repeat); Now and ever... "Thou art most-blessèd, O Theotokos..." (as usual).

Great Doxology. **Troparion:** “Today salvation....” Usual Litanies and Dismissal. Glory..., now and ever... Gospel Stikheron—7.

HOURS

Troparia: Resurrection; Glory... St. John. **Kontakia:** St. John and Resurrection (to be read alternately).

DIVINE LITURGY OF ST. BASIL THE GREAT

After the Entrance, **Troparia:** Resurrection, Church, if of the Theotokos or Saint(s), and St. John; **Kontakia:** Resurrection; Church, if of Saint(s); Glory... St. John; Now and ever... Church, if of Theotokos. If not, then “Steadfast Protectress....” Prokeimenon, Tone 7:

The Lord shall give strength to His people!
The Lord shall bless His people with peace!
(28:11) V. Offer to the Lord, O ye sons of
God! Offer young rams to the Lord! (28:1)

Another, Tone 7 (St. John):

Let the saints be exalted in glory; let them
sing for joy on their couches. (149:5)

Epistles: (314) Heb. 6:13–20 and (229) Eph. 5:9–19 (Saint). Alleluia, Tone 7:

It is good to give thanks to the Lord, to sing
praises to Thy Name, O Most High! (91:2)

V. To declare Thy mercy in the morning
and Thy truth by night. (91:3)

Another, Tone 4 (St. John):

They that are planted in the house of the
Lord shall flourish in the courts of our God.
(91:13)

Gospels: (40) Mark 9:17–31 and (10) Matt. 4:25–5:12. In place of “It is truly meet...,” we sing, “In thee rejoices all Creation....” **Communion Hymns:**

Praise the Lord from the heavens.... The
righteous shall be in everlasting remem-
brance. He shall not be afraid of evil tid-
ings. Alleluia....

FIFTH WEEK OF LENT

Monday, March 31

Wine & oil

REPOSE OF ST. INNOCENT, METROPOLITAN OF MOSCOW, ENLIGHTENER OF THE ALEUTS AND APOSTLE TO THE AMERICAS (1879). St. Hypatius the Wonderworker, Bishop of Gangra (ca. 336). Repose of St. Jonah, Metropolitan of Moscow and All Russia (1461). Ven. Ipátii (Hypatius) the Healer, of the Kiev Caves (Far Caves—14th c.). Ven. Apollonius, Ascetic, of Egypt (4th c.). Hieromartyr Abdas, Bishop of Persia, and Martyr Benjamin