

# The First Antiphon

## “Bless the Lord, O my soul...” Psalm 102

*Obikhod Tone 1*

Bless the Lord, — O — my soul, blessed art Thou, O Lord:

The first system of musical notation consists of a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has one flat (B-flat). The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are placed below the treble staff.

Bless the Lord, O my soul, and all that is with-in me bless His ho-ly Name:

The second system of musical notation continues the melody and accompaniment from the first system. The lyrics are placed below the treble staff.

Bless the Lord, — O — my soul, and forget not all His ben - e - fits:

The third system of musical notation continues the melody and accompaniment. The lyrics are placed below the treble staff.

Who for-gives — all your in - i - qui-ties, Who heals all your dis-eas - es.

The fourth system of musical notation concludes the antiphon. The lyrics are placed below the treble staff.

The Lord \_\_\_\_\_ is com - pas - sion - ate and mer - ci - ful,

long suffering and of great good - ness:

Bless the Lord, \_\_\_\_\_ O \_\_\_\_\_ my soul, blessed art Thou, O Lord.