

The First Antiphon
“Bless the Lord, O my soul...” Psalm 102

Obikhod Tone 1



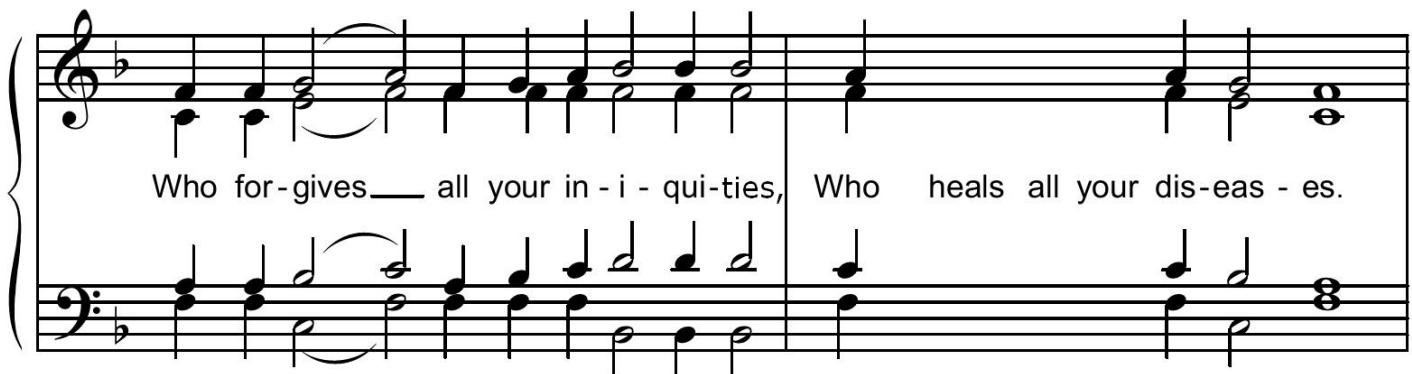
Bless the Lord, ___ O my soul, blessed art Thou, O Lord:



Bless the Lord, O my soul, and all that is with-in me bless His ho-ly Name:



Bless the Lord, ___ O my soul, and forget not all His ben - e - fits:



Who for-gives ___ all your in - i - qui-ties, Who heals all your dis-eas - es.

The Lord _____ is com - pas - sion - ate and mer - - ci - ful,

This musical score consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both staves are in common time with a key signature of one flat. The melody is primarily composed of quarter notes and eighth notes. The lyrics "The Lord _____ is com - pas - sion - ate and mer - - ci - ful," are written below the notes. There is a brace on the left side of the staves.

long suffering and of great good - ness:

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