

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 <i>Fast Day</i> 🐟🍇🍷 23rd Sun After Pentecost 11th Sunday of St. Luke</p> <p>9:05 am 3rd & 6th Hours 9:30 am Divine Liturgy</p>	<p>2 <i>Fast Day</i></p>	<p>3 <i>Fast Day</i> 🍇🍷</p>	<p>4 <i>Fast Day</i></p> <p>6:00 pm Paraklesis</p>	<p>5 <i>Fast Day</i> 🐟🍇🍷 <i>St. Savvas the Sanctified</i></p> <p>6:00 pm Great Vespers</p>	<p>6 <i>Fast Day</i> 🐟🍇🍷 Saint Nicholas</p> <p>8:10 am 3rd & 6th Hours 8:30 am Divine Liturgy</p> <p>5:00 pm Choir Practice 6:00 pm Great Vespers</p>	<p>7 <i>Fast Day</i> 🐟🍇🍷</p>
<p>8 <i>Fast Day</i> 🐟🍇🍷 24th Sun After Pentecost 12th Sunday of St. Luke</p> <p>9:05 am 3rd & 6th Hours 9:30 am Divine Liturgy</p>	<p>9 <i>Fast Day</i> 🍇🍷 <i>Conception of the Theotokos</i></p>	<p>10 <i>Fast Day</i> 🍇🍷</p>	<p>11 <i>Fast Day</i></p> <p>6:00 pm Paraklesis</p>	<p>12 <i>Fast Day</i> 🐟🍇🍷 <i>St. Spyridon</i></p> <p>6:00 pm Great Vespers</p>	<p>13 <i>Fast Day</i> 🐟🍇🍷 Saint Herman of Alaska</p> <p>8:10 am 3rd & 6th Hours 8:30 am Divine Liturgy</p> <p>5:00 pm Choir Practice 6:00 pm Great Vespers</p>	<p>14 <i>Fast Day</i> 🐟🍇🍷</p>
<p>15 <i>Fast Day</i> 🐟🍇🍷 25th Sun After Pentecost Sunday of the Forefathers</p> <p>9:05 am 3rd & 6th Hours 9:30 am Divine Liturgy</p>	<p>16 <i>Fast Day</i></p>	<p>17 <i>Fast Day</i> 🍇🍷</p>	<p>18 <i>Fast Day</i></p> <p>6:00 pm Paraklesis</p>	<p>19 <i>Fast Day</i> 🍇🍷</p> <p>6:30 pm Parish Council</p>	<p>20 <i>Fast Day</i></p>	<p>21 <i>Fast Day</i> 🍇🍷 <i>Saturday Before Nativity</i></p> <p>5:00 pm Choir Practice 6:00 pm Great Vespers</p>
<p>22 <i>Fast Day</i> 🍇🍷 26th Sun After Pentecost Sunday Before Nativity</p> <p>9:05 am 3rd & 6th Hours 9:30 am Divine Liturgy</p>	<p>23 <i>Fast Day</i></p>	<p>24 <i>Strict Fast Day</i> Forefeast of the Nativity</p> <p>9:00 am Imperial Hours & Typica</p>	<p>25 <i>Fast Free</i> Feast of the Nativity</p> <p>9:10 am 3rd & 6th Hours 9:30 am Divine Liturgy</p>	<p>26 <i>Fast Free</i> <i>Synaxis of the Theotokos</i></p>	<p>27 <i>Fast Free</i></p>	<p>28 <i>Fast Free</i> <i>Saturday After Nativity</i></p> <p>5:00 pm Choir Practice 6:00 pm Great Vespers</p>
<p>29 <i>Fast Free</i> 27th Sun After Pentecost Sunday After Nativity</p> <p>9:05 am 3rd & 6th Hours 9:30 am Divine Liturgy</p>	<p>30 <i>Fast Free</i></p>	<p>31 <i>Fast Free</i> <i>Leve Taking of the Nativity</i></p>				

Fasting

Fast Days: On fast days, we abstain from (a) all vertebrate products, including meat, dairy items, and fish (by “fish” we mean vertebrate fish; shellfish may be consumed on any day), (b) olive oil, and (c) wine (all alcohol).

Weekly Fast Days: According to the ancient tradition of the Orthodox Church, we fast on Wednesdays to recall the betrayal of Judas and on Fridays to recall the crucifixion of the Lord.

Fast Day: The **Nativity Fast** is a forty-day period, from November 15th through December 24th, during which we abstain from all vertebrate products, olive oil, and wine.

Fast Day 🐟🍇🍷 On Saturdays and Sundays the Nativity Fast, as well as on certain major feast days, the Fast is relaxed to consume fish, olive oil, and wine.

Fast Day 🍇🍷 On Tuesdays and Thursdays the Nativity Fast, the Fast is relaxed to consume olive oil and wine.

Holy Wisdom
Orthodox Church



Grand Junction,
Colorado

